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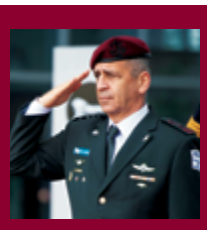

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The Uncensored Truth

TheLIGHT

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Is council tax unenforceable?

Landmark court hearings challenge the status quo Page 2

Science fiction

Government policies based on falsehoods

by **DARREN SMITH**

WHEN

COMMONLY-ACCEPTED PSEUDOSCIENCE

Virology: No variable control test has ever been used in any experiment which allegedly proves that viruses cause disease.

Climate Change: Water vapour is far more important as a greenhouse gas than CO_2, yet it is ignored in the public debate.

Net Zero: Britain emits one per cent of the world's total CO_2, while China emits 35 per cent, but they are building hundreds more coal power plants while our bills soar.

Food: Many have cured their chronic illnesses with a carnivore diet, despite red meat supposedly being unhealthy, and 'five-a-day' being the mantra for healthy food.

Council tax and the rule of law

by **LANCE PEATLING**

ON September 20, 2023, the Leighton judgement was handed down to protect the public from having their property seized by debt collectors.

Campaign group PeaceKeepers has since promoted this judgement, as not only does it stop enforcement agents (formerly bailiffs) in their attempts to confiscate your possessions, it also opens a path towards suing them for harassment.

It is also a means to stop councils up and down the country from pursuing what PeaceKeepers assert to be an unlawful demand for money through council tax.

To obtain this tax, local authorities will use the threat of court action, bankruptcy, an attachment of earnings order (allowing for money to be taken directly from your wages), a charging order against your property (after which the council may look to sell your home out from under you) or, ultimately, imprisonment.

In summary, Leighton successfully sued the enforcement agency, Bristow & Sutor. That success hinged on paragraph 26(1)(b) of Schedule 12 of the Tribunals, Courts and Enforcement Act 2007, which states that an enforcement agent must show evidence to the debtor and any person who appears to be in charge of the premises upon request.

The dreaded council tax bill

Ordinarily, when asked to evidence their authority to act, an enforcement agent will airily wave a bit of paper or show a screenshot produced by the council.

In this particular instance, Mr Leighton challenged the presumption that the bit of paper had any authority whatsoever; after all, most people own a printer these days.

Instead of cowing before the letter, Mr Leighton requested the court order itself.

The judge ruled that, although the enforcement officer was acting in good faith on a letter provided by the council, once Mr Leighton requested to see the actual authority itself (the court order) and not hearsay evidence provided to the enforcement agent by the council, then the grounds for the enforcement agent to act were removed.

In short, when asked, the enforcement officer must provide the actual order from the court. This is, to fair-minded people, not unreasonable, and the fact that they did not provide this ultimately paved the way to Mr Leighton's successful claim for damages.

How different then is it to require the same of a judge, sitting at the request of a council, to make an order for any one of the following enforcement actions: an attachment of earnings order; a charging order; bankruptcy; and committal?

For PeaceKeepers, it is no different and, as such, a number of challenges in this respect have been brought before the courts; specifically with respect to charging orders, where we have not yet had an opportunity to test this simple precedent to those other means employed by councils to extract payment.

All anyone is asking for is the original court order that proclaimed the debt.

A month or so back, in a charging order hearing where this simple request was made, the judge sitting at that time determined, despite its absence, to make a final charging order.

When challenged specifically on this point, the judge declared that he might be wrong (to require the order to be produced when challenged, as opposed to a reliance upon what is simply council paperwork) and that the person to whom the charging order would be applied would need to take it up with the circuit judge. An appeal has been lodged.

Then, a few weeks later in a similar hearing, and with the same request made, the judge adjourned the hearing so that the council or the respondent could produce the original court order. As the judge noted, should the original court not be able to produce the order, then that would raise serious concerns in his mind.

Lastly, hot on the heels of the adjournment above, a further charging order hearing took place where the defendant, having faithfully followed the PeaceKeeper protocols, turned up equipped to defend his property from a charge being applied in the absence of any demonstrable court order.

Startlingly, the council failed to attend (to our knowledge this has never happened before) and the judge, as is proper, gave a default judgement against the council, dismissing their application for a final charging order.

Something is happening within both the councils and the judiciary.

Perhaps the absurdity of having to force the judiciary to produce the alleged court order that creates the debt (we've never seen one despite numerous requests) is starting to dawn in the minds of our judges.

Let's hope so, as these court orders are the root of so much harm through the taking of possessions, wages, homes, and liberty.

Once this nonsense is dealt with, we can then get down to having the judiciary begin to answer much more important questions, like how can it be lawful that the Human Rights Act (1988) places the right of government to take what they want, when they want, howsoever they want, ahead of your basic human right to shelter?

The NoCNoC challenge from PeaceKeepers – which questions the authority of councils to demand tax – is shortly to enter its fourth year.

People have taken up the challenge and, despite all the threats, have stood their ground to the point of risking their homes.

Despite the best efforts of the courts to ignore us, they are now having to pay attention to what it is that we are saying.

The courts are finding that in all that we do, there is one simple request – to uphold the only inheritance of ours that matters: the rule of law.

- ***Leighton v Bristow Sutor Cardiff HCJ Judgment 20230920 V Final.pdf: https://tinyurl.com/3ht7p4xw***
- ***Council-Tax Nov 2022 update: https://tinyurl.com/me455vnh***
- ***https://peacekeepers.org.uk/***

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Apr-May 2025 The Uncensored Truth

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'You cannot reason people out of a position they did not reason themselves into.'
Ben Goldacre

Call for national inquiry into rape gangs

‘Official collusion’ allowed for young lives to be destroyed

The Workers of England Union (WEU), supported by the English Democrats Party, has written to Home Secretary Yvette Cooper on behalf of the thousands of girls who have been systematically raped and pimped by predominantly Pakistani-heritage Muslim child-rape gangs

WEU are therefore seeking a National Statutory Inquiry along the lines of the Post Office Horizon Scandal Inquiry, which forced the senior people involved to attend the inquiry and answer questions on oath, which can then be used in subsequent criminal prosecutions and in civil litigation for the victims.

The reason for demanding a National Statutory Inquiry is that only inquiries such as there are headed by a High Court judge armed with full legal powers to compel all the criminals, and also all those who aided and abetted them, to attend and be cross-examined under threat of imprisonment, as well as produce any relevant documents.

WEU have demanded a National Statutory Public Inquiry be set up, not only to investigate the gangs and their activities, but also the systemic collusion of police officers, social workers, council workers, councillors and national politicians, who instead of focusing on stamping out the appalling criminality of these gangs, have colluded in suppressing the public knowledge of what was happening, in the interests of diversity, and also politically, in the interests of politicians’ and police officers’ careers.

Instead of doing their duty to eradicate the criminal gangs, the officials have focused on attacking those who sought to raise the issue.

Only a handful of reports have ever been launched into this terrifying pattern of abuse. They have focused on Rotherham, Rochdale, Telford and Oldham. None of these reports have been armed with the powers to compel witnesses that a statutory inquiry would have.

In almost every major town and city across Britain, children were groomed by gangs of men to be used in the most horrendous forms of child abuse. Their desecration went beyond the horror of rape and sexual assault; they were often plied with alcohol and drugs, tortured, trafficked, violently beaten, branded with the initials of their rapists, treated like meat, subjugated in the most reprehensible conditions and generally subjected to a level of treatment beyond the imagination of all but the most disturbed and perverted mind.

The extent of the child rape and pimping gangs’ activities extends, as GB News investigations have found, to at least 50 cities and towns in England. It appears to have been going on for 20 to 30 years and has ruined the lives of at least 100,000 girls.

Sarah Champion, the Labour MP for Rotherham, has estimated that it might be one million girls. We think that a reasonable and conservative estimate of the number of victims is 250,000.

Mother of schoolgirl Charlene Downes who was 'murdered and minced into kebabs' by Blackpool grooming gang reveals she's still 'stuck in that day' 20 years on from her disappearance

By ANN CUSACK and MARIA OKANRENDE FOR MAILONLINE
11:10 30 Oct 2023, updated 16:32 30 Oct 2023

NEWS

Mum's anguish 15 years after her daughter was 'cut up and mixed into kebabs by grooming gang'

Charlene Downes' mother has written a powerful book to warn parents about grooming gangs

Amy's parents thought she was happy and safe. They were wrong

Andrew Norfolk on the systematic abuse of a 13-year-old girl

A nation's shame

Nine men are found guilty of sex grooming crimes against vulnerable young girls after a trial that has exposed the shocking scandal in Britain's children's homes

Just two of the many cases ignored by the establishment

Instead of doing their duty to eradicate the criminal gangs, the officials have focused on attacking those who sought to raise the issue

When it is considered that there are not only the actual gang members, but all of their many thousands of paying ‘clients’ and the collusion of thousands of officials, social workers, police officers and politicians, it is no exaggeration to say that this is probably the greatest criminality in English history.

It is therefore grossly irrational and highly immoral for ministers to set up statutory inquiries for lesser matters of public concern but not for this much greater cause.

It is only by stamping out the criminal gangs, and imprisoning the perpetrators and all those that colluded with them, that the many tens of thousands of victims and our outraged country can get any proper justice. The victims should also be helped to sue all the perpetrators for substantial damages.

At present, this is one of the many instances where the British state and the establishment have all too vividly shown, not only appalling systemic failure, but also an appalling multi-agency cover up. This must end.

- ***Please help by supporting the Workers of England Union’s Crowd Justice appeal, whose link is here: https://tinyurl.com/nhhk7djz***
- ***The English Democrats’ appeal for donations for rape gangs judicial review, whose link is here: https://tinyurl.com/3wv7zbu2***

Exposing involuntary euthanasia

by **JACQUI DEEVOY**

MANY thousands died from all kinds of questionable and sinister causes in the UK over the last five years.

Some of the stories told were hard to comprehend, especially those that focused on the apparent culling of some of the most vulnerable members of society in hospitals and care homes.

Coming to light now, however, is a vast array of incontrovertible evidence in the form of medical records, drug charts and witness and expert testimony. It is proof that many innocent souls were involuntarily euthanised via certain NHS protocols and NICE (National Institute for Health and Care Excellence) guidelines.

In May 2020, while writing an article on Do Not Resuscitate (DNR) orders (initially commissioned by *The Telegraph*), I spoke with a whistleblower cardiologist who told me blanket DNRs were being put on a whole new range of people with the 'pandemic' being used as the reason.

Instead of DNRs being put on the terminally ill as they always had been in the past, they were now being put on anyone over the age of 60, the mentally and physically disabled, people with mental health issues of all ages – even on children with autism!

The doctor's actual words at the time were: "I am horrified by what is happening at NHS hospitals across the UK right now. All patients over 60 automatically get a DNR, without them or any family members being consulted.

"I've seen the forms in their files with my own eyes. It's not just the over 60s that get them – I've seen them being put in place for young people with mental health issues, for physically disabled people of all ages and for autistic people. We had a schizophrenic woman in her early 30s admitted recently and I found a DNR form in her file. She hadn't been asked whether she wanted one or not."

This doctor told me that individuals who would otherwise survive were being left to die, and added that many were being actively euthanised.

In 2021, while I was making the documentary *A Good Death,* I set up a WhatsApp support group, initially for the contributors to the film. There were about 15 of us in the group at the start; there are now 170. Among those are at least ten whose loved ones were 70 or under when their lives were cruelly snuffed out – some over a matter of hours with deadly cocktails of benzodiazepines and opioids (usually midazolam and morphine).

Involuntary euthanasia – the active hastening of death without consent – is proving to have been rife during the plandemic

Stevie Kennedy with mum Angela (left)

But it wasn't just the elderly and terminally ill who were victims

Stevie Kennedy says her 57-year-old mum, Angela, was murdered in hospital after being overdosed with midazolam and oxycodone in November 2020.

"My mum was hospitalised on October 3, 2020. She suffered from leg ulcers, and the pain had become so bad that she was screaming in pain and terrified she was going to have a heart attack. She couldn't stand or walk at all that day.

"She was in hospital for eight weeks, treated terribly, sent to the ICU (intensive care unit), and had her right to bodily autonomy violated as they plied her with drugs. One day my brother went to visit her. She was screaming at him to pull off the bandages they had forced on her ulcers without giving her pain relief first.

"He got the bandages off her, but the nurses yelled 'you're not a doctor' at him and three of them tried to physically drag him out. After nearly eight weeks there, two occupational therapists said her progress had been amazing and said she'd be able to go home soon. The following day, my mum's asthma was bad.

"I was told she had covid and that if she got any worse they would 'not escalate'. My brother and I contacted the chief executive by email and told them our mum did not consent to a DNR and neither did we. We then got a call, telling us to come to a meeting. There were seven of them and they kept interrupting us and contradicting themselves, trying to justify leaving our mum to die.

"They never mentioned the midazolam they were giving her, nor did they tell us they had withdrawn her regular meds. They let us see her. She seemed more drugged than ill. She was lucid but incredibly distressed. She said 'I don't consent to a DNR' and 'I don't trust them'. I told her to keep fighting. That night, we were called and told our mum was dying – that she was taking her last breaths. I asked if they'd taken her off the respirator; they said yes. I asked if they'd taken her off the respirator while she was still breathing and they said yes. I told them to put her back on the respirator immediately. I also reminded them that she did not consent to a DNR.

"We argued with them for ten minutes before they told us she had actually already died. In the notes, there are two different times of death. It says she was dead when they found her and that she'd taken off the heart monitor and respirator herself. The drug chart shows she was overdosed with midazolam."

Stevie is not alone. Also deserving a mention in this article are the following:

- Sarah Lee, who lost her life to a deadly covid protocol.
- Rosalind Forshaw, whose son James, 47, was killed in Basildon hospital.
- Jane Roche, whose 54-year-old sister Jocelyn was drugged to death by hospital nurses.
- Nicola Evitts, who lost her dad Martin, 59, to NICE guideline NG163.
- Michele Dawson whose 68-year-old mum Christine was 'put down like a dog' in hospital.
- Mark Ryall who lost his mum Dawn, 60, after a morphine and midazolam overdose in hospital.

There are several more – one of the victims was 21 years old and another was 17 – who can't be listed here for legal or privacy reasons.

The husband of nurse Elena Vlaica was also a victim. Stuart Nisbet was 54 years old when he was involuntarily euthanised in a Cornish hospital in 2021. His story has already been covered by *The Light* (in issues 35 and 36). Appearing in the 2024 documentary, *Playing God*, Elena claims that "these doctors will put you down for pocket money."

And, it would seem, whether you're young or old, terminally ill or not, just doesn't come into it.

- ***Mark, Michele and Nicola tell their stories in full in the film* A Good Death? *produced by Ickonic.***
- ***Elena Vlaica recounts Stuart's story in the documentary* Playing God.**
- ***Both films can be found on Rumble.***
- ***All people mentioned in this article tell their personal stories in Jacqui Deevoy's new book,* Murdered By The State.**

Chemtrails: Lies in the skies

‘Geoengineering manipulates weather and sparks forest fires’

by **MATT LANDMAN**

THE skies today are nothing like the skies when I was a child. I came from a time of a cobalt blue sky and white fluffy clouds. Back then, we even had a bright, golden sun.

But today? The sky is laced with frequency-rippled milky hazes, criss-crossed with grids of artificial trails, and even toxic fog that can make you ill.

When I was a child, we imagined animals within the shapes of robust, white, fluffy clouds. Today, children will think the sun is silvery-white, and clouds are long streaks that expand in a matter of hours, turning the sky into a grey haze.

How quickly times have changed! Will the next generation ever know the truth about the lies in their skies? It is up to us to ensure they do. By exposing deception, we can work together to reclaim our natural skies.

The world today is on the verge of a shift that does not hold a favourable future for humanity. A technocratic overhaul is unfolding, engineered using a Problem, Reaction, Solution strategy.

The fabricated climate change narrative is a deception so vast that many are paralysed by fear, bombarded with relentless claims of extreme weather disasters, rising oceans, and record-breaking heat. The claim that human carbon dioxide emissions are driving global warming is a lie. But the truth is, the climate is changing because it is being engineered.

Yes, there is man-made climate change – just not in the way we are told. The real cause isn’t combustion engines or air travel – it’s geoengineering.

The false carbon-based narrative relies on people not waking up to the worldwide programme of geoengineering, weather manipulation and chemtrails.

The world has been fooled by fabricated weather events using little-known technologies, and created to reinforce the false narrative.

Extreme storms, tornadoes, cyclones and hurricanes are created with installations such as HAARP (High-frequency Active Auroral Research Program) and NEXRAD (Next Generation Weather Radar), in conjunction with aerosolised heavy metals, also known as chemtrails.

Major weather events are engineered and then blamed on the general public for living. Droughts and fires are created by spraying aerosolised aluminium and barium from planes. The heavy metals are known desiccants and fire accelerants. They are sprayed on forests and scrubland and then ignited to blame global warming.

The Hyde Park event in June - be there if you’re concerned

Winds are made to steer and intensify these ‘wild’ fires. The technology exists to make rain over these regions to put out the fires, but it is being used for nefarious purposes, and this is a perfect example.

All of this fuels the illusion of a climate crisis, shifting blame onto the public while paving the way for greater control through 15-minute cities, ULEZ (Ultra Low Emission Zones), pay-per-mile and even future climate lockdowns.

With every major weather event, the news is awash with cries of climate change as the culprit, and that this can be solved with a move to Net Zero.

The solution part of the strategy sees restrictions on personal freedoms, mobility, and lifestyle choices.

Policies tied to Net Zero are about control, surveillance, and limiting individual autonomy, not about any care for the world we live in or saving the environment.

This is where we come into play. We cannot pass this torch to our children without honouring the truth and exposing these lies. We owe it to both our ancestors and future generations to stop the lies.

There is an awakening happening right now in the UK: people are waking up to geoengineering. It seems the lockdowns triggered the opening of the British people’s eyes, hearts, and minds.

More and more people have had enough of the weather manipulation and the constant gaslighting. For example, we had the claim that May last year was ‘the warmest May on record’ in the UK when, in reality, it was a month of grey skies and almost no sunshine.

As George Orwell wrote in *Nineteen Eighty-Four:* ‘The Party told you to reject the evidence of your eyes and ears. It was their final, most essential command.’

The technocrats want people to ignore what they see while hypnotising them to believe there is a climate catastrophe.

We are hosting a Stop Geoengineering event on June 21, the longest day of the year. We will gather in protest of the chemtrail spraying, and in reverence to the sun during a time of the geoengineering that blocks it.

The event in Hyde Park, London is a gathering of the tribes, hosted by a hopeful activist who sees the spark that awakens humanity accelerating with this rally. All are welcome to join in this celebration of the truth, as we show the world how awake we really are.

Come and join us as we make history.

LINKS

- ***StopGeoengineeringLondon.co.uk***
- ***Matt Landman - Creator of the film FrankenSkies: Real Eyes Realize Real Skies!: https://frankenskies.com/***
- ***UK Geoengineering Program: SATAN - Researchers launched a solar geoengineering test flight in the UK last fall: https://tinyurl.com/5y8zjdz6***
- ***Conspiracy Theory No More, Harvard Reveals Big Oil-Approved ‘Stratospheric Injection’ Geoengineering: https://tinyurl.com/4vnd5h4r***
- ***Bill Gates backs climate scientists lobbying for large-scale geoengineering: https://tinyurl.com/3afsxzf4***
- ***Weather as a Force Multiplier, Owning the Weather in 2025: https://tinyurl.com/zrz39ajk***
- ***Exclusive Rights to Saving the Planet: The Patenting of Geoengineering Inventions: https://tinyurl.com/2f5y36dy***
- ***Operation Large Area Coverage : Did Army Spray Harmful Chemicals on U.S. Cities?: https://tinyurl.com/ypj9eazb***

Top 10 list of institutional insanity

Groupthink among leaders has led to catastrophe

by **SERENA WYLDE**

Are our institutions mad or bad? Ten reminders that they are probably both

Artwork: pd

1. Sunlight is a natural disinfectant, immune-booster, and mood-enhancer. And yet in March 2020, inflicting maximum damage on the population, the government ordered everyone to stay indoors right the way through a luminous spring and early summer.
2. Outdoor sports help maintain good circulation, mobility, muscle strength, metabolic health, and psychological wellbeing through social interaction. But in December 2020, the order came to lock down again. This time, the government also closed football, golf and tennis clubs, and any other beneficial outdoor activities, until April 2021, to ensnare as many people as possible into taking poisonous potions under false pretences.
3. The government launched a protracted campaign to frighten, manipulate and coerce people who weren't 'vaccinated' into getting jabbed to protect those who were vaccinated– with the tacit admission that their vaccine didn't work.
4. No vaccines are tested against a control arm. The so-called control arm is given an existing vaccine, so it isn't a control arm at all, as both groups in the clinical trial are injected with a product that only contains toxic ingredients.
5. There is no serious attempt to follow up and investigate reported vaccine-induced illness and injuries, or help those affected, which would reveal much-needed data. Parliamentarians and the media endlessly repeat that questioning the products might increase distrust of the vaccines.
6. Likewise, there are significant legal barriers to lawsuits, and a reluctance by courts in the UK to hear such cases, as these would bring forth inevitable disclosures and imperil vaccination programmes.
7. Sudden death following vaccination is called a 'side-effect' of the prophylactic intervention.
8. Rising deaths from mRNA injections is met with, 'the benefits outweigh the risks'.
9. Between 1980 and 2001, the uptake of flu shots among seniors in the U.S. rose from 15 per cent to 65 per cent, and so did the number of deaths from flu. This gave rise to a series of studies questioning the effectiveness of the flu shots after the billions spent on them over this twenty-year period. Thus in 2006, the U.S. Centers for Disease Control and Prevention (CDC) immunisation programme commissioned a study to adjust for all kinds of factors that could be masking the true benefits of the shots, to disprove there was any correlation between the flu vaccine and the continued rise in deaths from flu. But however they crunched the numbers, they got the same disturbing result. So they looked at data from Canada, Australia, the UK and France, and saw the same results – as the percentage of the population inoculated against flu rose, so did the number of deaths from flu. The CDC, nonetheless, continued to recommend the shots, and planned to extend them to younger cohorts and even children.
10. In the autumn of 2023, the CEO of a large NHS trust beseeched all those employed by the trust to get up-to-date with flu and covid vaccines, stating that she herself had had them all, despite having ended up spending the previous Christmas in intensive care, struggling for breath with a severe respiratory infection.

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Propaganda is emotional hijacking

How to protect our families from unwanted influence

by **DAVID CHARALAMBOUS**

EEVI, a 17-year-old from Finland, stood in Trafalgar Square with her friends from the UK, staring at a neon-lit ad for a 'mind-enhancing' children's tablet. The screen flashed phrases like 'Unlock Your Child's Genius!' and 'Every Parent's Duty!'

"That's propaganda," Eevi said bluntly. Her friends scoffed. "It's just marketing. Everyone exaggerates."

"Exactly," Eevi replied. "But when you know it's propaganda, you can see through the lies and show others. This isn't just an exaggeration - it's designed to make parents feel guilty if they don't buy it. And once you can explain how it works, you're some way to being immune to its tricks."

Her friends paused. "Wait, how do you know it's lying?"

"Because in Finland," Eevi said, "we're taught to call propaganda what it is – and that's half the battle won."

Propaganda isn't rare or new. It's as old as human communication: ancient rulers carved misleading battle victories into stone walls; medieval kings spread rumours about rivals; today, it's in ads, social media, and even children's cartoons.

To quote the film The Matrix, "The Matrix is everywhere. It is all around us. Even now, in this very room. You can see it when you look out your window or when you turn on your television." Propaganda is everywhere, trying to get us to accept ideas, agendas and narratives.

Most people know propaganda exists, but they don't know how to explain its forms and then show others.

Think of it like this: if a stranger tried to sell you a magic rock that cures headaches, you'd laugh. But if that same lie is wrapped in a TikTok trend, a political meme, or a toy ad, many often swallow it whole. Why? Because they don't pause to say: 'This is propaganda. Let me dissect why.'

If you just say 'it's propaganda' to someone, that is too abstract without allowing them to see why. When you point out, for example, that it is 'the bandwagon effect' and then explain its form and function, then they can see it. Often, they become curious as it highlights something that they did not previously know.

The public has a false sense of security that they can protect themselves from propaganda. If the last five years have shown us anything, it's that this is a false and very dangerous idea.

You've named the method, and that is half the battle in propaganda self-defence. If you train yourself to protect your mind, you can do so for your family and others.

In Finland, children don't just learn to spot propaganda—they learn to articulate precisely how it manipulates them. This turns vague suspicion into actionable defence. Here's how it works:

The Name the Game rule

From age 7, Finnish students play a classroom game: every time they see an ad or social media post, they must identify and name the propaganda technique used:

- This toy ad uses 'bandwagoning' – it claims 'everyone has it' to make you feel left out.
- This influencer is 'glittering' the product by linking it to words like 'freedom' and 'success' without proof.

Why it works: Putting a label on manipulation makes it concrete. You're not just sceptical – you're armed with specific terms to explain why something feels off. It takes away the technique's power when you become fully conscious of it.

The Explain it to a 5-Year-Old test

Teens are challenged to break down propaganda tactics into simple language. If you can't explain how an ad or post manipulates emotions, you haven't truly understood it.

Eevi's class once analysed a viral video claiming a new snack would 'make you as strong as a superhero!' Their task: explain the lie to first-graders.

Why it matters: Being forced to simplify complex manipulation reveals its flimsy core. Propaganda thrives on confusion; clear explanation kills its power.

The So What? follow-up

Finnish teachers drill students to ask two questions after identifying propaganda:

1. What are they trying to make me feel or do?
2. Who benefits if I believe this?

When Eevi saw the tablet ad, she applied this instantly:

- "They're making parents feel insecure about their child's potential."
- "The company benefits by selling overpriced gadgets to anxious families."

This also shows people the advertiser's true intentions and highlights how much consumers are subjected to this kind of manipulation on a daily basis.

Why articulation means armour

Knowing that propaganda exists is step one. But being able to explain its mechanics is what makes you bulletproof. Here's why:

1. It stops emotional hijacking.
2. Propaganda works by triggering instant emotions – fear, envy, outrage. When you can pause and say, "This is using 'appeal to authority' with that fake doctor in the lab coat," you shift from reacting to analysing.
3. It builds collective resistance.
4. Eevi's friends initially brushed off the tablet ad as 'just advertising', but when she named the tactics – "They're using 'transfer' by linking their product to 'good parenting'" – the group started critiquing other ads nearby. Articulation turns personal doubt into shared scepticism.
5. It exposes the lie's weakness.
6. Propagandists rely on you feeling confused or overwhelmed. When you can explain, 'This post is cherry-picking data to scare people about vaccines,' you reveal the trick. Lies hate sunlight.

How to practise Explanatory Self-Defence

You don't need Finland's schooling to start defending yourself. Use these steps:

1. **Play Propaganda Bingo.**

   Learn a few techniques to play propaganda bingo and notice when they come up. Then you are on your way to propaganda self-defence. Imagine being a black belt at propaganda. You can then test your skills and keep improving.

2. **Play Spot & Explain with friends.**

   Turn it into a game. When you're out together, pick an ad and challenge each other to name the propaganda tactics. The goal isn't to win – it's to practice articulating what you see.

The Ultimate Defence: I See What You're Doing

In Trafalgar Square, Eevi's friends saw the tablet's fine print: 'Cognitive benefits not scientifically proven.' They laughed, but one asked, "What's the point of all this?"

"Propaganda loses power when you can explain its tricks out loud," Eevi said. "It's like telling a magician, 'I saw you palm that card.' Once you name the lie, it can't control you."

In a world where lies dress up as adverts, posts and memes, your greatest weapon isn't just scepticism, it's your ability to point at the manipulator and say: 'I see your game. And I'm not playing.' This creates a barrier to the propaganda's effect. Imagine a world where the rulers cannot manipulate the public!

Next time you sense propaganda, name it, explain it, collapse it – that's how you turn awareness into armour.

Climate, covid and conspiracy

New book by ecological scientist and activist **Peter Taylor**

by **RICHARD HOUSE**

RICHARD House [RH]: Tell us about your academic and professional background, and its relation to so-called climate change.

Peter Taylor [PT]: I have two degrees from the University of Oxford, one specialising in ecological sciences, the other in social anthropology with a focus on language and meaning. In 1980, I left the somewhat restrictive academic environment to set up my own research group as a service to the growing environmental movement. We set our own research agenda and then found patrons, at first within the movement – for example, Greenpeace, Friends of the Earth and the World Wildlife Foundation. Later, we were approached by governments, the European Commission and the UN for 'critical review' of environmental policy (for example, dumping radioactive waste at sea). My group consisted of engineers, planning specialists, biologists and chemists – all of whom forsook high-level careers.

Peter Taylor

In a review for the Countryside Commission in 1996, I realised just how simplistic the models were, and advised the commission to plan for climate change in either direction – warming or cooling; i.e. systems needed to be robust to any changes.

RH: Your 2009 book, Chill, certainly challenged the mainstream narrative about global warming. What were your main conclusions, and how was the book received?

PT: Initially, mindful of the impact of renewables strategy, I wanted to know how much time we had to make decisions affecting values of landscape, community and biodiversity. However, I concluded that the models weren't fit for purpose – climate cycles were absent from the computer projections led by the UN's Inter-governmental Panel on Climate Change (IPCC).

It became clear that some 75 to 80 per cent of the warming could be explained by cyclic changes which were right on time. This finding was at first received in silence by the environmental campaigners, followed by ridicule and refusal to engage in discourse. However, all the main banks set up meetings to discuss the financial implications of a potential bursting of the carbon-finance bubble.

Chill was read by some senior Conservative politicians – who at that time were in opposition. It was also reviewed in a science journal as 'essential reading' to counterbalance the UN's reliance on modelling.

RH: I sense that you are very critical of the way genuine science is arguably being weaponised for malign, non-scientific agendas.

PT: Actually much genuine science, particularly regarding cycles, is simply ignored. What is being weaponised are impenetrable 'black-box' computer models that would require budgets of millions of dollars to unpick.

I would not say malign agendas: many scientists do believe in the model outputs, and are genuinely concerned for humanity. The problem is the authoritarian structure of science as an institution, beholden as it is to government agendas that require certainty of prediction, and which brook no caveats. The malignancy begins with the hidden influencers within regulatory bodies reliant upon scientific advice, and the vast funds unlocked to drive the renewables market.

RH: Not wishing to feel helpless in the face of all this, what would you say are the most effective ways for those who question climate change to undermine and challenge the mainstream narrative?

PT: There is no obvious way to influence the currently ensconced scientific advisors on issues of climate change. However, in the case of the new Trump administration, for example, the advisors are being replaced, and funding for models likely will be cut – but hopefully not the few honest scientists working with real-world data.

The U.S. Congressional Hearings on the covid saga revealed how the regulatory bodies were captured by scientists beholden to big pharmaceutical interests, and who were willing to lie in the science journals about the origin of the alleged SARS-CoV-2 virus, in order to protect science as well as their commercial relations with China.

In Britain, the mainstream narrative, as led by the BBC and, until now, all political parties, has a policy of not engaging in discourse. There is of course the internet, but this is tricky territory for those without a scientific background.

Gradually, the good science, especially several very recent papers, will come out into the public sphere. It shows that at least 80 per cent of the recent warming is caused by thinning cloud cover and more short-wave radiation from the sun reaching and warming the oceans. The defenders of the faith clutch at the last straw that thinning cloud is a consequence of CO2-warmed oceans. This is the height of ignorance, however, as the oceans have been warming at a steady rate since 1850 – one hundred years before the post-1950s massive increase in carbon dioxide emissions.

Until this rebellion among scientists wins out, there is little opportunity for challenging the mainstream narrative. I notice that with regard to covid, some top virologists in the UK and U.S. are driving a change, but they don't draw attention to the network of bioweapons laboratories that lie behind the weaponisation of natural processes – including, for example, allegedly lethal bird-flu.

RH: Tell us about your new book; and what are your current (and future) research interests?

PT: The new book is a compilation of previously published articles (mostly in *New View* and *Caduceus* magazines) and aimed at a lay audience. In the book, I add to the climate updates with essays on covid and the lessons to be learned about science, captured regulatory agencies, commercial interests, and corruption in science journals.

I've recently published my scientific assessment in a science journal (link below), and am now engaged in networking with like-minded climate scientists.

However, my main interest and next book is the evolution of science and how it amputated half the human mind – the feminine elements of intuition and the spiritual elements of inner work as practised by the founding fathers of modern science, all of whom were alchemists or astrologers.

This is the work of the heart, and we see now the consequences of leaving the heart out of the equation: we are on the brink of another world war or the next staged 'viral pandemic', not to mention the gradual and deliberate destruction of ecosystems.

RESOURCES

Books:

- **Climate, Covid and Conspiracy, *Clairview Press, 2025 (in press), 240 pp, £16.99, ISBN 978-1-912992-74-4; see tinyurl.com/c9j77n8k***
- **Chill: A Reassessment of Global Warming Theory *(2009) – see tinyurl.com/426k2s4y***

Research paper:

- ***Peter J. Taylor (2025). 'Natural drivers of global warming: ocean cycles, anthropogenic greenhouse gases and the question of percentages', Journal of Environmental & Earth Sciences, 7(2), 262–90; see tinyurl.com/23p34mcy pdf available free at tinyurl.com/43ejjj55***

Keep it natural for a healthy diet

The Light interviews *Real Food* and *Food Maze* author Robert Elliot

by **RICHARD HOUSE**

Richard House (RH): Tell us how you got interested in the question of real food, Robert.

Robert Elliott (RE): Coming from a family background where cooking raw was the norm, I didn't really have too much to worry about regarding my diet. However, when I first met my partner, Sally, she pronounced me 'not very well', and insisted I be tested by kinesiology for food intolerances. My kinesiologist, Jayne, confirmed Sally's suspicions, presenting me with a long list of foods to be abandoned – the first step in rebuilding my gut biome.

Subsequent kinesiology sessions gradually restored homeostasis, but a sticking point was dairy. In a flash of inspiration, Sally asked Jayne to test me on raw organic milk; so I was tested for organic pasteurised milk and then raw milk. I again failed on the pasteurised milk but was 100 per cent fine with the raw milk. That was my light-bulb moment. Understanding that there might be a problem with processed foods – even when 'organic' – set me on the road to researching the difference between unadulterated food and its commercial equivalent.

RH: Your two acclaimed books, *The Food Maze* (2008) and *How to Eat Like There's No Tomorrow* (2009), were well ahead of their time, setting out your personal journey around food. To what extent is it possible to generalise about good eating, or is everyone's situation and personal journey a unique one?

RE: Everyone's situation is of course unique, in that we are all individuals, but good eating is certainly accessible to all. I've often been challenged with an 'it's alright for you' attitude, and I admit that living in Herefordshire does give us a lot of choice. But real, clean, unadulterated food is available everywhere, even if one has to go online.

Therefore, whatever one's individual situation, with particular regard to health, generalised principles can readily be applied because they represent simple common sense: avoid processed food – it will harm you; opt for foods your grandparents might have eaten, like fresh seasonal vegetables and fruit, meat, eggs, butter, unpasteurised cheese and milk. Processed food upsets our body ecology in so many ways that I would confidently state that, as a generalised principle, changing the diet in this way will quickly produce very positive differences.

As another general rule, avoid factory-produced, wheat-based products (e.g. supermarket bread, biscuits and cakes) and pasteurised dairy products, especially milk. Cut right down on sugar, even 'brown' sugar. Our bodies are not designed to deal with the quantities that are consumed these days. There's so much more that could be said, but these changes are a good start.

RH: Can you define precisely what you mean by processed foods? Nearly all of us have at least a few food vices that we try to convince ourselves won't do us any harm. And is it advisable, even necessary, to be hardcore purist about all processed foods?

RESOURCES

- **The Food Maze, and How It Conceals the Truth about Real Food *(2008): tinyurl.com/mwvhzm8s***
- **How to Eat Like There's No Tomorrow *(2009): tinyurl.com/yc7nfe46***
- ***Dr Natasha Campbell-McBride,* Put Your Heart in Your Mouth: Natural Treatment for Atherosclerosis, Angina, Heart Attack, High Blood Pressure, Stroke, Arrhythmia, Peripheral Vascular Disease - *www.doctor-natasha.com (a starter manual for fixing the gut)***
- ***Weston A. Price Foundation: www.westonaprice.org***
- ***What Is Real Food: Understanding the Difference Between Real vs Processed Foods - tinyurl.com/26m2escj***

RE: It's easier to start with a baseline definition of real food, i.e., food that is fresh, seasonal, produced organically (uncontaminated by chemical inputs) on a small scale, and unadulterated (in its natural state). From this foundation, we can broadly say that everything else is processed.

Thus, the issue is really one of degree. Milk, for instance, becomes processed once it is pasteurised, damaged further by homogenisation, and then ultra-processed when producing UHT milk. Bread is another good example of this. At the 'real' end of the spectrum we have sourdough bread – flour, water, salt, natural yeasts. At the other, we have the white sliced supermarket loaf which has around 16, mostly very suspect, ingredients.

Yes, we all have a few food vices and, yes, they will be potentially harmful; but the decision about what to eat remains with the individual. I am not a hardcore purist (Who doesn't like a slice of cake in a coffee shop?) and I wouldn't advocate it; but I have come to know my body, and it will soon tell me if I've taken a step too far. Comprehension, therefore, is the key, not proscription.

RH: I have health-savvy friends who say that in listening to their body, they know what's not good for them. Is this capacity inborn, or is it an ability that can be developed – or which even develops naturally with healthy nutrition?

RE: There are those who are lucky enough to innately understand their bodies' needs, but most of us are on a learning curve. My own personal experience is that I needed guidance from a kinesiologist to get me started. Once I'd cleaned up my act, however, I certainly became very aware of my body's reaction to the foods I was ingesting – to the extent that I no longer had an appetite for certain things, especially industrial wheat flour and refined sugar.

With my body back in balance, I felt lethargic after consuming cakes made with industrial flour. And I could taste the sweetness in vegetables – cauliflower for instance – so refined sugar became too much of a heavy hit for me; my body clearly recognising it for the poison it is. I believe that once we begin to reset our nutrition, our bodies do help us to stay on track and thus enable us to develop an instinct for self-preservation.

RH: What simple advice or guidance would you give to someone just setting out on a real food journey? And any chance of new, updated editions of your two books?

RE: My advice would be to memorise the definition of real food, do your best to locate it locally (farm shops, local producers, etc.), or go online if necessary – and be prepared to cook! Be aware of ingredients on packaged foodstuffs and avoid anything with an ingredients list that goes beyond simple. As for an updated edition of my books – yes, if I can find an interested publisher!

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Challenging assumptions on ADHD

by **RICHARD HOUSE**

Consultant Psychiatrist **Dr Sami Timimi** interviewed by by *The Light*

Modern mental health ideology may be the biggest and most powerful cause of mental health problems today

Dr Sami Timimi

RICHARD House (RH): Tell us briefly about your clinical and academic career, and your main specialisms.

Sami Timimi (ST): I've been a consultant child and adolescent psychiatrist (and psychotherapist) in the National Health Service since 1997. I research and write from a critical psychiatry perspective, and have published over 150 articles in mainstream journals, many book chapters, and have written seven books, co-edited four and co-authored two more. My latest book, *Searching for Normal,* was published in March.

RH: Your great work on the over-medicalisation of human distress has influenced a generation of critical psychologists and psychiatrists. Tell us about your work on so-called ADHD, and the continuity of that work with your more recent research and writings.

ST: Back in the mid-1990s, stories about ADHD were appearing in the UK press telling us how far behind we were, compared to the U.S., in recognising and treating a disorder called attention deficit hyperactivity disorder (ADHD). In UK child psychiatry at that time, we generally referred to 'behavioural problems' in children, and thought about them as being the result of relational and social causes. ADHD implied something different: that there was something wrong in the child – specifically, in the child's brain.

In 1995, my supervising consultant asked if I would help him with some research. He wanted to study the prevalence of ADHD among the local population (in a borough of East London) that had a high number of Afro-Caribbean background families. He asked me to conduct a literature review. I collected a big bundle of research papers, reviews, theoretical articles and historical tracts.

The more I read, the more confused I became. I was left with a disturbing feeling of not being able to capture what this new concept of ADHD was. What is meant by ADHD? Where did this concept come from? Why are behaviours that are part of what I would consider everyday behaviours that children show, at least to some degree, considered part of a medical condition? And not just any condition, but one that is neurologically driven.

Try as I might to find some sort of empirical anchor to pin down this slippery concept, I couldn't. Surely ADHD isn't just the behaviours of attention deficit and hyperactivity? The circularity inherent in a supposed medical condition that is defined by a description that somehow causes itself seemed obvious to me. In the years since then, I've followed the research on ADHD and its treatment, and came to understand just how easy it is to turn an idea into a cultural 'fact'. Repeat a concept again and again (such as 'ADHD is a genetic brain-based abnormality that results from a lack of dopamine') and soon enough, we no longer have the idea – it has us.

Not only does it lead to exposure for developing nervous systems to substances we (rightly) warn adults about the damage they do to the brain and body, it also impacts on how you understand yourself and how others view you. ADHD has been a great teacher on the cult of scientism that has infected much of healthcare, and that we see in its purist crystallised form in psychiatry.

I now think that modern mental health ideology may be the biggest and most powerful cause of mental health problems today.

RH: Is this what you're getting at in your 2021 book, *Insane Medicine: How the Mental Health Industry Creates Damaging Treatment Traps and How You Can Escape Them*?

ST: That's certainly part of the message in that book. Once people internalise an idea that there is something wrong in them, it can set them up for a potential lifelong struggle with a part of themselves that they see as broken/pathological (rather than understandably troubled/distressed), which is not within their agency to deal with/understand/tolerate. They are now set up to try and suppress/control/remove that part of them that is experienced as lurking in the shadowlands of the mind, waiting to erupt into consciousness; a kind of modern spirit possession – only these 'djinns' come from your genes/brain. When the recommended treatment (whether pharmacological or psychological) doesn't work, or alleviates only temporarily, then the sense of power these unreachable shadow feelings have are repeatedly strengthened.

RH: What new ground does your latest book, Searching for Normal, break for those yearning for a new paradigm in mental health and wellbeing?

ST: I wrote the book to try and shed light on a finding that is now widely acknowledged. In countries that have the most developed and highest consumption of mental health services (such as the UK), mental health diagnoses are increasing, outcomes are deteriorating (such as rising levels of disability and mortality amongst those labelled with a mental disorder), and the response is a demand for even more services, rather than a questioning of the paradigm.

My conclusion is that we live in societies where there is an ongoing crisis of economic wellbeing and political legitimacy. Much of the population feels pessimistic and insecure. Feelings of alienation, not fitting in, and hopelessness about the future are scooped up by the commodification of emotional distress, leading to a mental health industrial complex that profits from this phenomenon, as well as relocating these sociopolitical problems from the social sphere to the space between the ears. As well as a more socialist orientation in our politics, I call for a paradigm that rehabilitates emotions from the sphere of abstract human typologies back into the ordinary and the understandable.

RH: Tell us briefly about the Critical Psychiatry Network, and your hopes for a new mental health paradigm gaining ascendence.

ST: The Critical Psychiatry Network is a non-binding, loose group of doctors who have a variety of critiques on mental health theory, policy and practice. We have expanded in recent years to nearly 500 participants in our network, and we hold a variety of collaborations, teaching events and an annual conference.

My belief is that a genuine paradigm shift away from the diagnostic dictatorship is inevitable. I think we are approaching the point where a critical mass within the professions will take us over that tipping point. I hope, for all our sakes, it comes soon.

RESOURCES

- ***Website:* www.samitimimi.co.uk/**
- ***Books by Sami Timimi:* www.samitimimi.co.uk/patient-stories**
- ***Critical Psychiatry Network:* www.criticalpsychiatry.co.uk/**

Need to detox from the jab?

Suggested treatments for those harmed by covid shots

The Light does not promote any particular course of treatment and only seeks to widen the debate on all potential remedies that are shunned by mainstream medicine. Readers should always do their own research before embarking on any treatment recommended to them.

by **RAPHAEL NIMMANN**

FOLLOWING on from the 'Ten ways to detox' article in the previous *Light* paper, here is what the experts recommend for people who regret having had the jab or suffering from spike glycoprotein side effects with inflammatory immune system responses.

Symptoms and treatments are largely the same as for long covid, and similar to the many covid treatments published on *HealthTruth.info*

Dr. Daniel Nuzum: The first step in detoxification is strengthening the immune system, starting with the liver and kidneys so they can deal with the toxins. This may take several months. Naturally we should not sabotage this process by eating junk food or re-poisoning our bodies.

Hydration is key. Most of our immune system is based in the gut, the foundation of detoxing. At least one bowel movement per day is good, intermittent fasting (14+ hours overnight) supports; a three day water fast is very efficient.

Exercise and massage activate the lymphatic system. Sweating detoxes – an infrared sauna adds many more health benefits. The respiratory system detoxes with each breath, the lungs need to be fit to get oxygen into the body.

Dr. Mark Sherwood: Chronic stress is the biggest toxin, and we need to detox from toxic media and relationships. Charcoal, bentonite clay or chlorella are binders helping to detox. If parasites are in our bodies, we'd need a different protocol.

Dr. Peter McCullough promotes a base spike detox protocol with nattokinase (2000 units twice a day), bromelain (500mg a day) and curcumin (500mg twice a day).

Dr Klinghardt adds: We must reduce electromagnetic field exposure from mobile phones, wifi routers, cell-phone towers, turn off the fuses, especially at night when the body detoxes. EMF radiation is known to inhibit our detox processes and it activates covid.

Dr. Jana Schmidt recommends dandelion root tea, red raspberry leaves, senna, green tea (second brewing), natural vitamin C, bee pollen, frankincense, and good sleep to support detox. No processed foods, no soda drinks.

Dr. Cathleen Gerenger recommends N-acetyl cysteine (NAC), a precursor to glutathione, a powerful antioxidant protecting cells from damage caused by free radicals. Also milk thistle, artichoke, turmeric, choline, celery seed, niacin (vitamin B3), vitamin C and E, hawthorn, ginger, butchers broom root, broccoli sprouts.

A common practice in naturopathic detoxing is a vitamin C flush. Vitamin D3 is a significant factor in detoxification and also protects against environmental toxins. Zinc has antioxidant properties and it helps the body to recover from injuries.

Dr. Vladimir Zelenko: NAC and aspirin help prevent post-vaccine blood clots. Prophylaxis with ivermectin or hydroxychloroquine.

Dr. Eric Nepute uses high levels of high dose zeolites (a stripping agent) like clinoptilolites and proligna (a Scots Pine cone extract) to repair damages from gene-altering therapy. Also pulsed electromagnetic field therapy (PEMF), orthomolecular nutrition, nucleotide therapy, butyric, and butyric acid.

Dr. Ardis: Antioxidants protect from oxidative stress following pathogenesis triggered by the SARS-CoV-2 virus; he suggests cranberry juice or tablets with phosphoric acid to support kidneys. If a D-dimer test shows blood clots, he prescribes NAC, and for neurological symptoms bentonite clay. Consuming fish oil or omega-3 fatty acids helps.

Four nutrients are proven to protect every cell from oxidative stress: vitamin C (5-10 g a day), zinc (50-100mg/day), hydroxychloroquine and ivermectin. This keeps zinc in the cells and protect the outside of red blood cells from being damaged by spike proteins.

Magnesium (any form) and olive leaf extract are good for damaged heart cells.

Dr. Ardis discovered that remedies for snake venom poisoning (nicotine, Vitamin C, glutathione, N-acetyl cysteine, EDTA) also treat post-covid vaccine symptoms. He recommends a daily nicotine patch and chewing 2mg tablets twice a day for two weeks (beware of addiction!).

Dr. Daniel Nuzum: Chlorine dioxide bonds to and neutralizes those spike proteins. Proteolytic (protein-digesting) enzymes need to be taken, not with food. He would use wormwood, cloves, ginger root, turmeric and black walnut hulls. TMG (trimethylglycine) and NAC (two amino acids), 2500 to 3000 milligram a day, are very antiparasitic. Support with herbal adaptogens like medical mushrooms, rhodiola, holy basil, ashwagandha.

Dr. Henry Ealy recommends a three-day water fast with nutrients, (serrapeptase, L-arginine & glutathione).

Robert Scott Bell suggests drinking water (best hydrogen water, and to filter water), using Nitrogen Oxide, fasting and milk thistle and coffee enemas.

Dr. Edward Group:

People should be taking zinc on a daily basis. To repair your DNA, you need something that contains the original memory of your DNA. We use the urotherapy in combination with everything else, like ivermectin, iodine, the CDS or the MMS, chlorine dioxide, supercharged C60, which we know will grab the graphene oxide and all those other contaminants out of the body and bring it out. We use quercetin, we use a good probiotic, we use Paratrex.

Water-only fasting brings the body back into autophagy state, where the body actually starts producing original stem cells. The third thing we use is stem cell therapy.

Urine contains over 3,500 different compounds and anti-poisonous substances, anti-inflammatory substances, urokinase (the number one drug to control blood clotting).

Other treatments include prayer, selenium, ozone, infrared from the sun, a fire or infrared sauna, and pine needle tea

Before starting any treatment or supplementation, consult a professional naturopath, herbalist, homeopath or doctor.

More Detox ideas: Order Issue 55

Ten ways to detox without stress

LINKS

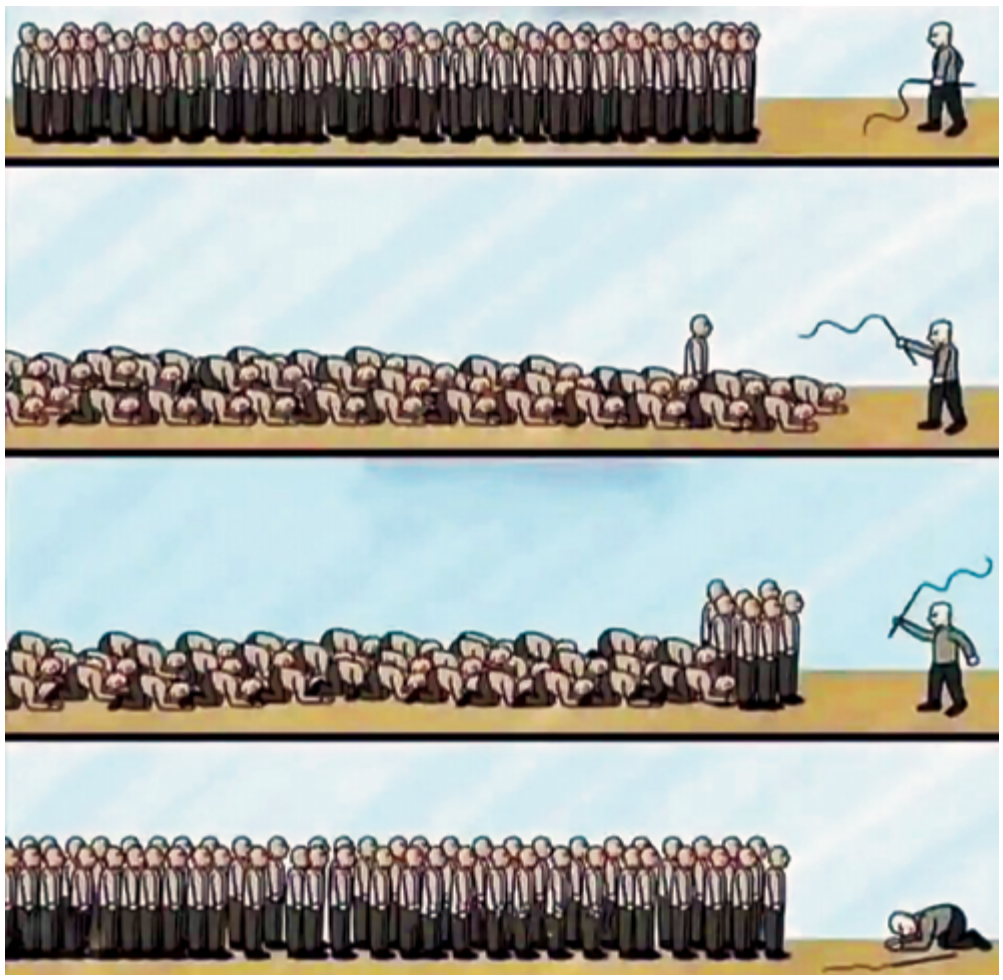
- ***HealthTruth: We need to focus on the immune system in the next virus season:*** *https://tinyurl.com/2tprkks*
- ***I Recover: Post-Vaccine Treatment Guide:*** *https://tinyurl.com/3k6mmkv9*
- ***COVID-19 treatment analysis: real-time analysis of 5,515 studies:*** *https://c19early.org*
- ***Dr. Jana Schmidt's Health Blog:*** *https://tinyurl.com/293c8dew*
- ***Klinghardt Institute: The Klinghardt Neurotoxin Elimination Protocol:*** *https://tinyurl.com/44428svv*
- ***Vladimir Zelenko: Zelenko Protocols against Covid-19:*** *https://vladimirzelenkomd.com*
- ***Dr. Ardis: The Dr Ardis Show:*** *https://thedrardisshow.com*
- ***Urine therapy: Sharing A Life-Saving Ancient Remedy:*** *https://urotherapyresearch.com/*

Stand up for the great rejection

We must all rise up together against the slave masters

by **PAUL CUDENEC**

We have to understand that all of the various areas in which we oppose domination to be aspects of one massive and magnificent rejection of that globalist entity



When we stand together we stand strong

HOW does it make you feel to know that the same people who five years ago assaulted the world with their covid scamdemic are today committing genocide in Palestine?

And that, once again, their corporate media and political puppets are pushing their agenda, relaying their odious lies and intimidating those whose dare speak out against their crimes?

How can we deal with the fact that this same globalist entity is also using the pretext of fighting climate change to poison our food, steal our freedom, and herd us towards its innovative and inclusive smart concentration camps?

And that it is still deliberately manufacturing and prolonging bloody wars, demonically sacrificing countless young lives on all sides in order to satisfy its relentless desire for control?

I know that there are many others out there whose guts are screaming out to them that we cannot allow this to continue, that we simply have to do everything we possibly can to stop this evil.

It is not a question of politics, of the left and right and centre with which they always distract and divide us, of the single issues and rigid sectarian positions in which they are happy to see us immerse ourselves, always losing sight of the larger context in which we fight.

What we clearly need today is an awakening on a scale far broader, and with an understanding far deeper, than anything humankind has ever witnessed before.

The peril facing us is so great and so insidious that we have to tap into resources of strength, determination and courage that may have until now remained dormant.

We need to shake off all of the confusion and lethargy inflicted on us by the poisonous parasites and finally say 'no' to their imposture.

This Great Rejection will have to weave together several giant threads in a way that, until now, has never been achieved.

First, and most obviously, we must align against globalisation.

The only people in the world who want a World State are those who know they are going to be controlling it.

Top-down control of mankind on a worldwide scale – which already exists to a great extent, as we saw in 2020 – is entirely incompatible with any notion of genuine democracy.

A call for real democracy, for decisions to be made by – and thus in the interests of – the people, rather than our self-appointed rulers, will therefore be central to our uprising.

World governance is also a denial of the right to self-determination, another key ingredient of our alternative vision.

Indeed, this desire for self-determination, which is also necessarily a decentralisation from the global level, weaves in perfectly with the notion of real democracy.

Closely connected to this is an opposition to Zionism, which has been denying both democracy and self-determination.

It has become a lot easier to speak of the Zionist nature of the global criminocracy since the end of 2023, but there are still long-imposed taboos around the subject.

Of particular importance will be to separate, in the public mind, the criminal gang running the Zionist mafia from the Jewish population as a whole. And the voices of dissident Jewish people will be crucial in making this distinction.

Rallying behind the banners of real democracy and self-determination will allow us to leave to the future more detailed decisions about the direction we want our society to take.

But our rejection will certainly have to shine a light on the repressive tools with which the global mafia hopes to further enslave us.

We will need to break the spell of techno-industrial 'progress' and understand that the criminocrats have used the term to camouflage the advance of their own agenda of total control.

All the assumptions with which they have indoctrinated us will evaporate, as we realise that quality is more important than mere quantity, value is more important than price and people more important than production.

This goes hand-in-hand with our rebellion against the power of money.

The crooked manipulation of money – usury – has been the foundation of the mafia's power.

The entity which creates currency (as debt owed to itself) effectively has an infinite supply of it, and thus thinks it can buy everything and everyone in the world.

This is why our society reeks of corruption, from top to bottom.

We can climb out of this stinking mire by founding our outlook on rock-solid values beyond the reach of money – on moral and ethical principles, on humanity, on our belonging to nature, on love, truth and the fighting for, and cherishing of, freedom and true democracy.

When they threaten us with fines for challenging their narratives, or try to bribe us to submit to their programmable digital currency, we will be motivated by something worth so much more than their filthy lucre.

The greatest step forward we can take today is to see, with clarity, the big picture.

We have to understand all the various areas in which we oppose domination to be mere aspects of one massive and magnificent rejection of that mafia entity.

We can draw great strength from knowing ourselves to be part of an epoch-forming phenomenon.

This historic turning of mankind against our slave masters does not yet have a name and that is probably a good thing, because words are so often used to limit, control and deceive.

But that does not mean that it is not real.

It has already been born and I can feel its presence tingling in my spine as I write.

Right now it is rising to its feet, looking around, identifying the enemy and getting ready to engage in battle.

- ***https://paulcudenec.substack.com/p/rising-to-our-feet***
- ***https://winteroak.org.uk***

Unshackling science from limiting logic

Founder of Canadian Patriot Review ***Matthew Ehret*** interviewed by ***The Light***

by **RICHARD HOUSE**

Richard House [RH]: Matt, your recent book *Science Unshackled* implies in its title that today's science is somehow shackled. Can you describe what's being shackled, and what the shackles are?

Matthew Ehret [ME]: What's been shackled is the substance of science itself. By that, I mean the creative powers of human thinking that, when awoken in any healthy individual, express the power of breaking free of the useful, but intrinsically limited framework of deductive and inductive logic through a power of passion, and instinct towards looking through the mind's eye for paradoxes/ironies. Those paradoxes/ironies occur in a specific universal form when theorem lattices bounded by certain specific axioms and postulates are tested against empirical reality. When this happens, all flawed theorem lattices will reveal discrepancies.

To the degree that there are more systemic discrepancies, the healthy-minded scientists (like a Da Vinci, Kepler, Leibniz or Weber, to name a few) will not run away, but will rather embrace the reality of those cognitive dissonances. In so doing, a natural internal dialectical process of the subjective self-inquiry and external objective inquiry into reality may take place.

This process was made transparent by the Greek philosopher Plato in such places as his Theaetetus dialogue, Meno and especially the Timaeus dialogue. That natural mode of analysis that bridges the subjective/objective divide, while imbued with a love for truth, is destroyed in systems of analysis that demand an obedience to facts derived from the sense data of sensorial impressions (aka empiricism), upon which Baconian scientific traditions are rooted, as much as they are destroyed in systems that demand blind obedience to formal abstract rules beyond the scope of analysis, such as those axioms and postulates proposed by Aristotle and Euclid.

To the degree that we allow the mind to be captured by any mixture of those two modes of logic (deductive and/or inductive), we will be forever deprived of making true discoveries of first principles, and thus resonating with the harmony of the universe

Matthew Ehret

into which we were born. The ruling oligarchy understands this, and has found a number of techniques to keep us shackled within a framework of 'standard model' thinking over the course of many centuries.

RH: It's a revolutionary insight that the whole approach of modern empiricist science is fundamentally limiting or even flawed. So any properly founded science should proactively look for paradoxes/ironies that take us beyond conventional logic. Can you give a brief example?

ME: One particularly strong example referred to extensively in my book is the case of Johannes Kepler's vicarious hypothesis, as outlined in the first six chapters of his *New Astronomy* of 1609. In Kepler's day, all standard-model explanations of cosmology towards which 'respected academics' were expected to pay fealty was contained in one of three dominant models, which could all be arranged to 'explain' the visual data to nearly identical degrees, and all three contained virtually identical predictive power, making judging any one as superior to another impossible. More details on this are in my book.

RH: In *Science Unshackled*, you refer to the 'cult of scientism masquerading behind peer review and a new technocratic priesthood of experts'. Can you expand on this insight?

ME: Throughout history, a small ruling oligarchy has been able to manage the vast majority of the world population, not by controlling every facet of existence, but rather by controlling the principled axioms pertaining to the nature of human nature and reality. Those axioms bound the infinite array of ponderable facts of life that determine what we are capable of, and in the peer review model of organising 'acceptable scientific discourse' in our modern age, a limited array of often anonymous 'expert reviewers' who all share common loyalty to a certain standard-model explanation of reality (and most importantly, the same core axioms) approves or rejects whatever scientific work gets published, regardless of whether submissions are true or false. Only those submissions which adhere to the standard-model assumptions shaping reality are accepted as 'legitimate science', and the controls over human thought are thus maintained.

RH: What needs to happen culturally and epistemologically for mainstream science to embrace the kind of thinking in your book?

ME: Society needs to break free of the post-industrial model of stasis that has governed the past several decades, and re-engage with a commitment to take on new challenges, adopt concrete goals which demand that humanity presses once more upon the boundaries of ignorance, as we challenge prevalent axioms and models which define our limits of practicable knowledge about the universe.

By re-adopting a society with concrete goals requiring concrete problems to be concretely solved, as we did during the Second World War, prevalent models can be removed from the ivory tower and tested. Those dominant standard models which may appear elegant and impressive will then be able to prove their merit by assisting in solving problems, or simply generating more elaborate descriptions of the macrocosm or microcosm. Then we can reject what doesn't work, and accept theories that today's peer-review models reject, but which are necessary to crack the code on topics ranging from fusion power, astroclimatology, optical biophysics, and so on.

- ***Matthew J.L. Ehret is a journalist, lecturer and founder of the Canadian Patriot Review: https://canadianpatriot.org***
- ***Widely published, he is the author of three volumes of the Untold History of Canada.***

RESOURCES

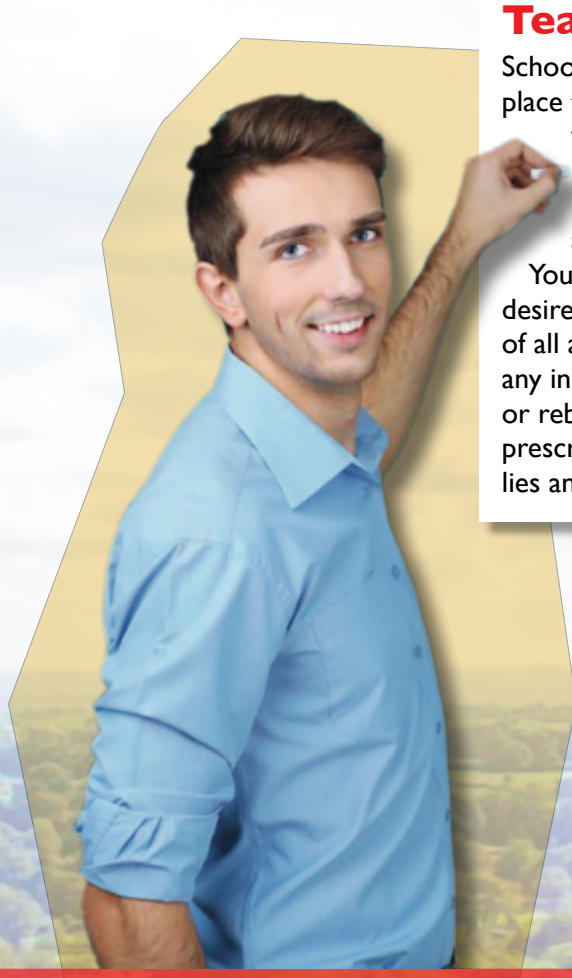
- ***Science Unshackled: Restoring Causality in a World of Chaos: tinyurl.com/5xne6yjd***
- ***Interview with Daniel Estulin: tinyurl.com/4djwjzar***
- ***https://canadianpatriot.org***

Come and wor

What your ‘public se

Refuse collector

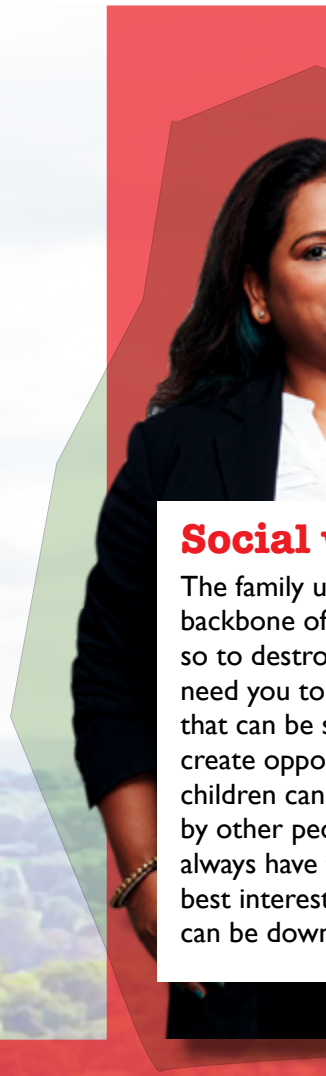
As a binman, your job will be to load all of the carefully sorted recycling and rubbish people have prepared every two or three weeks into the same lorry. This is then all dumped in the same containers for burying, burning or sending abroad as one lot.



Teacher

Schools are the perfect place to create obedient workers who uncritically accept anything that authority tells them.

You’ll need a strong desire to bully children of all ages and stamp out any individuality, creativity or rebellion to your prescribed lessons full of lies and misdirection.



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Police officer

As police, your job will be to protect the corporations and arrest anyone speaking out about anything the government is doing to harm the people.

Sometimes you’ll assist in civil matters to aid debt collectors steal peoples’ belongings, or repossess houses for the bankers when people have trouble paying their mortgages.

You will mostly be checking up on people’s thoughts and feelings, as free speech is now prevented by legislation.

Soldier

Why not get trained to kill people the banking cabal deem ‘unpersons’, all the while under the illusion you are protecting the people of your country and their natural freedoms?

Of course, once you have served and become poor and/or injured, we will completely ignore your plight in favour of illegal migrants you likely used to shoot at.

Civil servant

As a civil servant, your job is to be as obtrusive as possible to the general public in order to let the government and the other order-followers get on with their jobs unhindered.

You will need the skills of deflection and delay. Although your role is likely to be completely unnecessary, you will be paid very handsomely and receive a great pension.

The

Nurse

Join the caring profession, and learn how to dance on TikTok while others administer end-of-life protocols and euthanise those who could easily be cured, to give the impression of a pandemic. You will need soft sales skills in order to push as many unnecessary pharmaceutical industry 'treatments' on as many people as possible, while appearing authoritative and solely there to help your customers.

Doctor

As a doctor, your job is to inject toxic chemicals as early in life as possible, to create life-long customers for the pharmaceutical industry; use drugs to hamper the body's natural healing processes; and scoff at those who do their own research, feeling smug and superior because you have been taught all about the pharmaceutical industry and its various products.

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Tax collector

As in Jesus's day, one of the most hated professions there is, but you will ensure the government takes enough money from the people to continue their wars and surveillance, house foreign soldiers in hotels, and build smart city infrastructure to restrict freedom.

Politician

Why not become a politician? Not only will you get a good salary and high status, but the opportunities for bribes and embezzlement are known to be legion.

You will need some very specific skills most ordinary people don't possess – primarily the ability to lie all the time while convincing yourself you're telling the truth, and a skin so thick that causing death, disease and poverty to thousands or millions never affects you at all.

LIGHT

Whistleblowers expose Gaza 'news'

Are Britain's news editors deferring to a foreign power?

by **SERENA WYLDE**

JOURNALISTS working at the *BBC, Sky, ITN, the Guardian* and *The Times* have spoken to *Declassified UK*, on condition they remain anonymous, to reveal how the 'news' reporting on the war on Gaza is skewed and shaped to comply with Israel's requirements.

News editors of major British news organisations held private meetings with Israel's former top military officer, General Aviv Kohavi, one month after the Gaza bombing began, *Declassified* revealed.

General Kohavi was previously Israel Defense Forces' Commander of the Gaza Division and Director of Military Intelligence, before becoming Chief of General Staff of the IDF.

His meetings took place with Katherine Viner, editor-in-chief of *The Guardian*, Richard Burgess, director of news content at the BBC, and Roula Khalaf, editor of the *Financial Times*.

According to the General's itinerary, further meetings were due to be held with *Sky News* chairman, David Rhodes, at the Israeli embassy.

The information about General Kohavi's visit and schedule comes from documents obtained in Israel under Freedom of Information by lawyer Elad Man, and seen by *Declassified UK*. They reveal how his tour of Britain was planned with support from the Israeli Ministry of Foreign Affairs, the IDF and Ministry of Defence, to cultivate support for Israel as it escalated its military offensive in Gaza – 'to influence influencers'.

Here are what journalists said across the mainstream outlets where *Declassified UK* gained access:

A *Times* reporter said: 'I literally cried in the bathroom so many times because of the uphill battle of trying to get things reported and covered whilst facing an avalanche of obstacles. I felt like I was going crazy.'

A journalist at *Sky News* said: 'We would see the raw footage from Gaza – we're all aware of the carnage. Yet you can't describe what your eyes are seeing'.

'Myself and other colleagues found ourselves frequently frustrated at how nothing could be reported unless there was a response or confirmation from the Israeli army'.

'Nor was any version Israel provided ever challenged. It was taken as fact, always.' The reporter said he had challenged senior members of staff, reminding them that Israel repeatedly lies and has a history of doing so, but to no avail.

Former IDF Chief of General Staff, Aviv Kohavi

Image: Declassifieduk.org

'The Israeli narrative always reigned supreme and instructed the coverage at *Sky News*, no matter how inaccurate.'

'To adopt a stance other than Israel having the right to defend itself, to push back against the skewed coverage, would earn you the label of difficult or rigid.'

'If we had an interview with the Palestinian ambassador that comprehensively conveyed the Palestinian side, or a presenter challenged an IDF spokesperson, there would be an avalanche of phone calls and complaints. Israeli spokespeople or officials who had access to senior figures would pressure *Sky News* and often threaten to pull access to correspondents on the ground as a result.'

At ITN, which makes programmes for ITV and Channels 4 and 5, a journalist who didn't wish to disclose the exact programme he was working on, highlighted the callous attitude towards reporting on Palestine.

Guardian journalists informed *Declassified* anonymously that staff from both the U.S. and UK teams had set up an internal network in October 2023 to coordinate any dissent, and created an exhaustive spreadsheet to document egregious reporting by the paper well-known for its deep MI6 connections.

'There is a mountain of examples logged, whether it's amplifying unchallenged Israeli propaganda in the reporting, or treating clearly false statements by Israeli spokespeople as credible.'

'It's damning that such mechanisms should be required at *The Guardian*. Worse still, there's little contrition. Management is defensive and dismissive about it.'

They referred to the paper's habitual use of the term, 'Hamas-run health ministry', rather than the Gazan health ministry, to discredit information such as civilian casualties.

They described *The Guardian's* strategy of suppression as 'deceit by omission', concluding: 'It's no secret that the coverage of the international and foreign desk of *The Guardian* follows the line of the British establishment anyway.'

The journalist who provided testimony to *Declassified* resigned from the BBC at the end of 2023, stating that their 'principles and values did not align with the organisation or the people who work there'.

- The author of a detailed letter to the BBC in November 2023, jointly compiled by eight UK-based BBC journalists, accusing the public broadcaster of 'failing to tell the story of Israel-Palestine accurately', also resigned. They said that, through a combination of omission and lack of critical engagement with Israel's claims, the corporation 'failed to help the public engage with and understand the human rights abuses unfolding in Gaza.'
- More than a year later, they said they were 'appalled to see how many of the issues highlighted have not been addressed. The BBC has uncritically amplified and legitimised Israel's perspective even as the Israeli military continues to attack schools and hospitals.'

If journalists whose principles and values don't align with the BBC have resigned, what does it say about the quality and accuracy of the coverage of those who remain?

- ***Battle for the truth: Pro-Israel bias inside UK newsrooms: https://tinyurl.com/yc66m8v4***
- ***BBC and Guardian editors held private meetings with Israeli General: https://tinyurl.com/2vcxf5fr***

North Atlantic tyranny and oppression

Member states begin to question warmongering overlord

by **SERENA WYLDE**

THE North Atlantic Treaty was signed in Washington, DC, in 1949 by twelve founder members: UK, U.S., Canada, France, the Netherlands, Belgium, Italy, Luxembourg, Denmark, Norway, Iceland and Portugal.

During the Cold War years, four further countries joined the North Atlantic Treaty Organisation (NATO): Greece, Turkey, West Germany and Spain.

But by 1990-91, when the Soviet Union was being dismantled, the Warsaw Pact dissolved, East Germany reunified with West Germany, and nuclear disarmament was in discussion, some argue that NATO should also have been dissolved.

America, however, saw the end of the Soviet Union as its opportunity to achieve 'global full-spectrum dominance', using NATO as the tool. Since World War Two, it had become a military economy in constant preparation for war. It now has in excess of 200,000 troops in 177 countries, with the bulk of active duty personnel located at 800 major overseas military bases in 70 countries, the UK included.

NATO: North Atlantic Tyranny and Oppression

Former FT journalist, Matt Kennard, in his book, *The Racket,* describes the role of a CIA sidekick called the National Endowment for Democracy (NED), the purpose of which is to undermine or remove governments that remained independent of Washington, DC.

He explains that NED operates in Eastern Europe, Latin America and Asia, and has also operated in the UK since approximately 2015, when anti-imperialist, Jeremy Corbyn, was elected leader of the Labour Party. Kennard found that the organisation has funded three British media outlets and four UK press freedom groups to ensure that the progressive end of the political spectrum aligns with U.S. foreign policy objectives.

Other journalists have revealed that NED's sister non-profit organisation, USAID (United States Agency for International Development), finances a sprawling network of media outlets, including the BBC's international charity, BBC Media Action. Journalist Lee Fang wrote on Substack that among these outlets are: The New Voice of Ukraine, VoxUkraine, Detector Media and the Institute of Mass Information, which spread rumours that American journalists and academics who favour peace negotiations with Russia are agents of the Kremlin.

Since 1999, NATO has incorporated into its bloc fourteen eastern European countries, plus Sweden and Finland that border Russia. But to fully encircle Russia, it needs the buffer state of Ukraine. This was why, in 2014, Obama launched a coup to overthrow Ukraine's democratically elected president, Viktor Yanukovych, at a cost of $5bn, to install an anti-Russian, pro-Western government in Kiev, protected by allegedly Nazi-oriented security forces (the Azov Brigade). Obama's coup triggered an influx of over a million Ukrainian refugees into Russia.

Robert Kennedy Jr. explained that the reason NATO wants Ukraine, and other countries on Russia's doorstep under its dominion, is because NATO membership comes with the obligation of standardising a country's weaponry and weapons systems in line with NATO's. In other words, NATO is a vast protection racket. Once a country gets dragged into NATO, it has to buy its weapons from designated defence contractors.

Beyond conventional weapons, NATO's second arm is biological weapons. The mRNA vials purchase was forced onto every member through illegal contracts that no country was able to debate internally. All safety requirements and regulations were bypassed under NATO directives.

Many of us wondered how the anti-democratic lockdowns, coercive emergency legislation, 24/7 propaganda and forced injections were simultaneously coordinated across multiple sovereign jurisdictions, until we realised this was the NATO network enforcing its power to the benefit of corporate interests. In October 2024, the Dutch health minister admitted in the Dutch Parliament that 'covid health policies' were dictated by NATO under 'treaty obligations'.

The question is, why are European countries relinquishing their sovereignty and participating in their own wholesale economic and social destruction?

The Ukraine-Russia conflict was provoked by NATO's covert handiwork in 2014 to destabilise Ukraine, and when Russia took military action on February 24, 2022, NATO finally got the Russian military engagement it had sought.

If any doubts remain regarding NATO's aggressive intentions, just two weeks later, Russian and Ukrainian foreign ministers met in Turkey and agreed a 15-point peace deal brokered by Turkey and Israel, which Zelensky backed out of signing at the last minute under the direction of Boris Johnson and Joe Biden. Then again in April 2022, another peace deal was on the table, and Johnson shot off to Kiev to dissuade Zelensky from signing it.

Since the onset of the conflict, EU member states have collectively provided nearly $145bn in various forms of assistance to Ukraine. This has forced these states to either increase borrowing, leading to higher national debt levels, or divert funds away from domestic programmes of social care, health, education and infrastructure development.

In addition, over five million Ukrainian refugees now clamour for these services in an already beleaguered Europe. In the UK, Starmer and Reeves have increased taxation, increased borrowing and cut domestic spending.

The U.S. Navy, with help from its Norwegian NATO partners, blew up the Russian Nordstream gas pipelines in 2022, helping to send 'allies' Germany, France, the Netherlands and the UK into an economic death spiral.

Not content with destabilising northern European economies by sabotaging a major piece of infrastructure in the Baltic, and raising the price of American liquefied natural gas (LNG) as an alternative to triple its previous levels, EU-NATO's aim is a complete break with the Russian energy sector. On December 30, 2024, Ukraine terminated the transit contract of the Russian gas pipeline that ran through the country and supplied Hungary, Slovakia, Austria and Italy.

In January of this year, U.S. proxies sent drones to attack a critical part of the TurkStream gas pipeline that runs from Russia to Turkey. The drones were shot down and only minor damage occurred to the gas compressor station in south-west Russia.

Geopolitical analyst, Mike Whitney, wrote: 'The strategic objective of these attacks is to isolate Russia by blocking all attempts at economic integration, in order to divide the world into warring blocs.'

But Ukraine may well prove to be NATO's graveyard. Slovakia and Hungary are not complying with demands to commit economic suicide. Germany's rising Alternativ für Deutschland party (AfD) has floated the idea of relaunching the Nordstream pipelines, and strategic NATO member Turkey is aligned with Russia and Iran.

- ***The European Union Threatens Germany: https://tinyurl.com/ykv22cv4***
- ***Ukraine War: The Economic Toll on Europe: https://tinyurl.com/29rfjy8m***
- ***The Covid Dossier: Bombshell Investigation Reveals The Shocking Truth About Covid: https://tinyurl.com/yupuwun8***

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Religious belief branded ‘mental illness’

by **TOM KING**

Pastor being ruthlessly persecuted by German authorities

IN a twisted tale of faith, betrayal and government overreach, Pastor Sven Mueller, a Christian missionary and leader of a Jewish Messianic Church, finds himself fighting for asylum in the UK after enduring horrific persecution at the hands of the German authorities.

His story raises serious questions about free speech, mental health exploitation and the increasing authoritarianism gripping Europe.

For over 15 years, Pastor Mueller served with unwavering dedication, preaching the Gospel and offering pastoral care to the community through untainted evangelistic work, streetpreaching, churchleading in various churches and bishops work, helping church leaders in Stuttgart, Germany.

But his peaceful work took a dark turn when, one fateful day, he was unfairly thrown out of a bookstore in Germany. His crime? Sharing a message of love and hope with the customers: “Jesus loves you, please read the Bible.” This simple declaration led to his ejection from the store, and soon after, the German police intervened, citing vague and unfounded claims of ‘aggressiveness’. In a shocking move, they demanded he surrender his driving licence without any valid reason.

But that was just the beginning of his nightmare. The authorities then demanded that Pastor Mueller undergo a psychiatric evaluation at his own expense – a staggering 700 euros – before they would even consider returning his driving licence. When he responded by writing polite letters to the police, explaining that their actions were criminal, their chilling reply came: ‘It doesn’t matter what people believe. You must undergo the psychiatric test.’

This blatant defiance of his religious rights escalated quickly: Pastor Mueller was subjected to two separate raids on his home by a team of 30 heavily armed officers. During these searches, they seized thousands of euros’ worth of personal property, including his laptop, smartphone, a brand-new Swedish axe, fishing and sheep-farming knives, a DJI drone, USB sticks, and more. His possessions were taken without explanation, leaving him devastated and powerless.

When the state persecutes religion, genocides usually follow

The persecution grew even more sinister when he was forcibly detained in a jail cell for two days. His crime? Simply believing in the Gospel of the Lord Jesus Christ.

He faced three criminal court hearings without any credible charges or evidence against him, and despite the lack of any legal basis, the authorities now demand he serve a prison sentence of 18 months. The official justification? They claim his deeply held Christian beliefs are evidence of a ‘paranoid illness’.

In an exclusive interview, Pastor Mueller spoke candidly about his harrowing experience: “They said I am paranoid and ill, because I truly believe in the Gospel of the Lord Jesus Christ,” he told me, his voice filled with both frustration and sadness. “This is the painful reality that religious believers in some parts of the world face today. Where belief in the Christian faith is considered a mental illness and an offence against the state.”

But despite the trauma he has endured, Pastor Mueller has refused to be silenced. He sought asylum in the United Kingdom, hoping for sanctuary from the tyranny he faced in Germany. Unfortunately, his hopes were dashed when he found the response from the Home Office equally dismissive. “The Home Office of Great Britain is also psychotic, ill and atheistic,” he stated. “I explained my situation to them for claiming asylum, but they said the criteria were not met.” His frustration is palpable, as the Home Office’s refusal to acknowledge his plight leaves him feeling abandoned and helpless.

In a desperate attempt to find some form of support, Pastor Mueller has also reached out to The White House seeking U.S. citizenship, and to Scottish officials, including the First Minister, John Swinney. He requested both British citizenship and emergency assistance. Despite his appeals, he has received no response or help. “The churches here have no money to help me,” he shared, revealing the stark reality that many refugees, especially those in dire situations, find little aid from the very institutions meant to offer sanctuary.

Pastor Mueller’s ongoing struggle is not just about his personal suffering – his case serves as a disturbing warning about the growing wave of religious intolerance in Europe. His treatment exposes the frightening ways in which governments and police are weaponising mental health diagnoses to suppress faith and silence dissenting voices. What happens when religious freedom is considered a mental illness by the state? When asked about what could improve the justice system in both Germany and the UK, Pastor Mueller did not hold back: “There is no fear of God and the Lord Jesus Christ. They are criminals,” he declared, his words full of deep sorrow for the spiritual and moral decline he believes is sweeping through modern society.

Pastor Mueller’s case is a harbinger of what may happen if religious freedoms and free speech continue to be suppressed in Europe and Britain.

Are we entering an era where the state has the power to dictate the boundaries of faith, criminalising belief in the name of secularism and psychological manipulation? Pastor Mueller’s plight serves as a grim reminder that the freedom to believe – especially in Christianity – can no longer be taken for granted in a world increasingly hostile to certain faiths.

The question now looms: will the UK – once a beacon of religious freedom – allow one man’s courageous fight for asylum to go unheard? Or will the voices of oppression grow louder, unchecked by the very nations that once prided themselves on offering sanctuary to the persecuted?

I will continue to follow Pastor Sven Mueller’s story closely. We will publish updates on his asylum application and any further developments in this ongoing case of religious persecution.

Please pass The Light on when you’ve read it

Codrington Wind Farm, Victoria, Australia

Death knell for onshore wind arrays?

Australia's oldest facility to be axed over rebuild costs

by **SOPHIE WILSON**

AUSTRALIA'S oldest commercial wind farm, the Codrington Wind Farm in Victoria, is set to be decommissioned in 2027, marking a significant turning point in the country's renewable energy landscape.

Despite its prime location near Port Fairy in southwest Victoria, the site will not be repowered due to the high costs and regulatory challenges associated with upgrading the facility, according to Pacific Blue, the company operating the wind farm.

Why Repowering Codrington is not Viable

Codrington Wind Farm, commissioned in 2001, has a capacity of 18.2 megawatts (MW), utilizing 1.3 MW turbines with a hub height of 50 meters and blade tip height of 81 meters. However, modern wind turbines are vastly different:

- New turbines are rated between 6 MW and 8 MW per unit.
- Blade tip heights now exceed 200 meters.
- Spacing requirements have changed significantly to accommodate larger turbine sizes.
- Due to these advancements, repowering Codrington would require:
  - New foundations and repositioning of turbines.
  - Upgraded grid connections to handle increased energy output.
  - Complete re-approval of regulatory permits and grid agreements.

According to a Pacific Blue spokesperson, the costs and logistical hurdles associated with repowering make it financially unviable:

"The site's grid connection would require significant upgrades, and today's turbine siting requirements would preclude the installation of latest-generation turbines, resulting in a non-financially viable project."

The Decommissioning Process and Future Land Use

Pacific Blue, formerly known as Pacific Hydro before being acquired by China's State Power Investment Corporation (SPIC) in 2023, has initiated discussions with:

- Moyne Shire Council
- State authorities
- Regulatory agencies

These conversations focus on the decommissioning timeline and site rehabilitation plans. The company met with local landowners in 2024 and must complete the decommissioning process within 12 months of the wind farm's final operation, as per its operating permit.

Community input will play a crucial role in deciding:

- How the land will be rehabilitated post-decommissioning.
- How infrastructure, including turbines and other materials, will be recycled.

What This Means for Other Ageing Wind Farms

Codrington's closure raises questions about the future of other ageing wind farms in Australia. One nearby facility, the 30 MW Yambuk Wind Farm, which was commissioned in 2007, is also nearing the end of its lifespan.

- Yambuk is part of the broader 195 MW Portland Wind Project, which includes four wind farms built between 2007 and 2011.
- While Pacific Blue has not yet announced decommissioning plans for Yambuk, the company has stated that Codrington's closure is its immediate priority.

The Bigger Picture: Challenges and Opportunities for Australia's Wind Energy Future

Codrington's decommissioning underscores the growing challenges faced by ageing wind farms. As Australia continues its transition to renewable energy, industry leaders must address key issues:

- The high costs of repowering and upgrading infrastructure.
- The need for more efficient recycling solutions for old wind turbines.
- How to manage the transition from older wind farms to next-generation renewable projects.

With offshore wind projects gaining momentum—such as the nearby Southern Wind Zone in Victoria—new energy infrastructure may eventually replace some ageing onshore sites.

Conclusion: A Turning Point for Australian Wind Energy

The decision to decommission rather than repower Codrington Wind Farm signals a new phase in Australia's renewable energy strategy. As the country balances sustainability, costs, and technological advancements, the fate of many ageing wind farms will hinge on financial viability, regulatory frameworks, and grid infrastructure upgrades.

While Codrington may be shutting down, the lessons learned from its closure, recycling process, and land rehabilitation efforts will help shape the future of wind energy projects across Australia.

- ***Australia's Oldest Commercial Wind Farm to Shut Down as Repowering Costs Soar: https://tinyurl.com/ymnst3a5***

Risk of root canals exposed

by **GUSTAV EDUARDO**

Highlighting the health implications of dental treatment

ROOT canal treatments are one of the most common dental procedures, with nearly 60 million performed annually worldwide.

While mainstream dentistry considers root canals a safe and effective way to preserve damaged teeth, holistic and biological dentists question their long-term effects on overall health. Critically examining root canal treatments from a holistic perspective exposes potential systemic health implications.

A root canal, also known as endodontic therapy, is a procedure designed to save a damaged tooth by removing its infected or dead pulp. An endodontist cleans, disinfects, and seals the tooth's internal structure to prevent further bacterial infiltration. The treatment is often recommended for severely decayed, infected, or painful teeth that cannot heal on their own.

The process involves:

1. Drilling a hole into the affected tooth.
2. Removing the pulp, which consists of nerves, blood vessels, and connective tissue.
3. Disinfecting the root canals with solutions to eliminate bacteria.
4. Filling the space with gutta-percha, a thermoplastic material used to seal the canals.

Although gutta-percha is considered biocompatible, it contains other substances such as zinc oxide, heavy metal sulfates, and resins, which may pose health risks. Additionally, incomplete cleaning of the tooth's intricate microscopic tubules can leave bacteria behind, potentially leading to long-term health complications.

Despite advanced techniques, root canal treatments can fail due to:

Root canal treatment

- Ineffective cleaning of the root canals.
- Instrument breakage or perforation of the tooth's apex.
- Leakage of filling material, allowing bacterial reinfection.
- Overlooked additional canals that remain infected.

Holistic dentistry argues that even well-performed root canals may leave behind bacteria and toxins that can lead to chronic systemic infections. The focal infection theory, first introduced by Dr. Frank Billings in the early 20th century, suggests that bacteria from infected teeth can travel through the bloodstream, affecting other organs.

Dr. Weston Price, a prominent researcher, conducted experiments showing that root-canal-treated teeth often harboured bacteria linked to systemic diseases such as heart disease, arthritis, and neurological disorders. His research was later supported by Dr. George Meinig, a founding member of the American Association of Endodontists, who later became a strong critic of root canals after studying Price's findings.

A research article presents the case of Peter, a 32-year-old professional trader who experienced severe health deterioration following a root canal procedure. His symptoms included chronic fatigue, memory loss, joint pain, and vision problems. After extensive medical testing without answers, he discovered that multiple root-canal-treated teeth were likely the root cause of his condition. Upon their removal and detoxification therapy, his symptoms dramatically improved, highlighting the potential dangers of untreated dental infections.

Modern scientific research continues to examine the safety of root canal treatments. Studies have shown:

- Root canals may harbour anaerobic bacteria that produce toxins harmful to the immune system.
- Root-treated teeth can contribute to inflammatory conditions due to persistent low-grade inflammation.
- Some patients experience unexplained chronic illnesses linked to hidden dental infections.

German researcher Dr. Johann Lechner identified elevated levels of the inflammatory marker RANTES (which stands for regulated upon activation, normal T cell expressed and secreted) in patients with root-canal-treated teeth and aseptic ischemic osteonecrosis of the jawbone (AIOJ). These conditions have been associated with autoimmune diseases, cardiovascular issues, and even neurological disorders.

For patients seeking alternatives to root canals, the following options are available:

1. Early intervention: Using ozone therapy, dental lasers, and homeopathic remedies to stimulate natural tooth, healing before infection spreads.
2. Tooth extraction: If a tooth is dead or severely infected, removal may be the best option to prevent systemic health issues.
3. Biocompatible tooth replacement: Instead of conventional dental implants, holistic dentists recommend zirconia implants, which are free from metal toxicity.

Holistic dentistry recognizes that teeth are not isolated structures but integral parts of the body's overall health system. The following key principles are emphasized:

- The tooth-organ connection: According to traditional Chinese medicine, each tooth is connected to specific organs through meridians. Infection in a particular tooth may correlate with issues in the associated organ.
- Toxicity of dead teeth: A root-canal-treated tooth is essentially dead, and the body's immune system may struggle to manage the bacteria and toxins within it.
- The electrical nature of teeth: Researchers such as Dr Jerry Tennant highlight the role of teeth in the body's electrical energy system, showing that infected teeth can disrupt cellular voltage and contribute to disease.

Advancements in stem cell research may eventually provide a way to regenerate dead teeth, eliminating the need for root canal treatments. Until then, holistic dentistry advocates for informed decision-making, allowing patients to weigh the risks and benefits of traditional versus alternative approaches.

The debate surrounding root canal treatments is part of a larger conversation about the interconnectedness of dental and systemic health. While traditional dentistry views root canals as a safe and necessary procedure, holistic practitioners caution against their long-term effects on the immune system and overall well-being. By understanding the potential risks, patients can make informed decisions that align with their health goals.

Remembering a true champion of freedom

by **LOUISA GALLAGHER**

ROLAND Gilmore, described as one of the strongest freedom warriors and a champion of *The Light* paper, passed away earlier this year.

The 74-year-old, who dedicated the last four or five years of his life to handing out *The Light* outside supermarkets and helping to wake people up, was with his friends in his final moments.

Roland was committed to the fight for our freedom against tyranny from the start, and he did an incredible amount of outreach and went on many marches.

He was a respected and extremely well-loved member of the Horsforth Stand in the Park. He was a true gentleman and would help anyone in need.

Roland, who died on January 17, was a fountain of knowledge, and his wit, humour, strength and passion were admirable.

He had so much knowledge regarding all aspects of the freedom cause and the world in general. We will all miss Roland's stories and his wonderful smile.

God bless Roland.

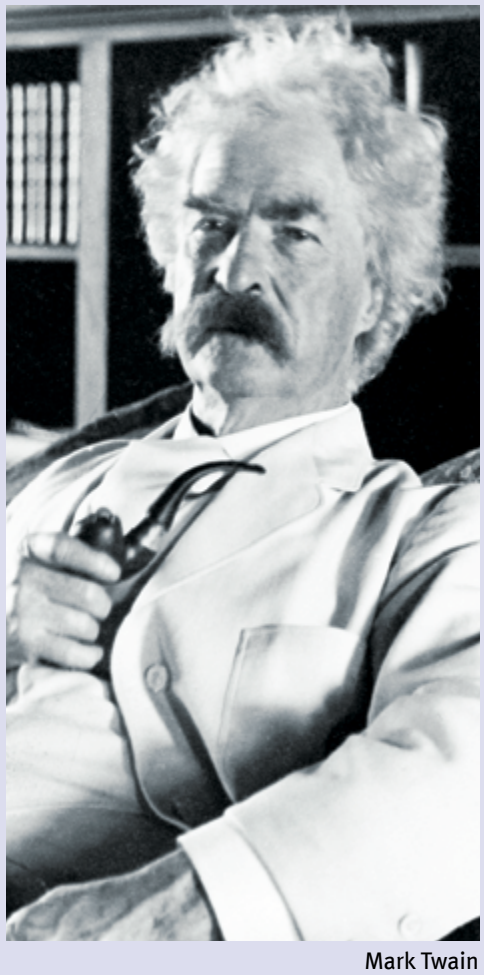
Staunch freedom fighter Roland Gilmore busy at work

True Pearls: Mark Twain - 1835 - 1910

by **RICHARD HOUSE**

Mark Twain, 1835–1910 American essayist and humourist

Note: it is notoriously difficult to ascertain whether quotations commonly attributed to the great Mark Twain did indeed originate from him. We've done our best here to ensure that the quotations below are indeed his own, and not erroneously attributed.



Mark Twain

How easy it is to make people believe a lie, and how hard it is to undo that work again!

If you tell the truth, you don't have to remember anything.

The truth hurts, but silence kills.

It ain't what you don't know that gets you into trouble. It's what you know for sure that just ain't so.

The trouble with the world is not that people know too little; it's that they know so many things that just aren't so.

Just because you're taught that something's right and everyone believes it's right, it doesn't make it right.

We have the best government that money can buy.

Reader, suppose you were an idiot, and suppose you were a member of Congress; but I repeat myself.

No man's life, liberty, or property is safe while the legislature is in session.

I was educated once – it took me years to get over it.

I have never let my schooling interfere with my education.

If you want to change the future, you must change what you're doing in the present.

Irreverence is the champion of liberty and its only sure defence.

If ignorance is bliss, why isn't the world happier?

If you have no will to change it, you have no right to criticise it.

There are laws to protect the freedom of the press's speech, but none that are worth anything to protect the people from the press.

We regret the things we don't do more than the things we do.

An open mind leaves a chance for someone to drop a worthwhile thought in it.

It is better to keep your mouth closed and let people think you are a fool, than to open it and remove all doubt.

Never miss an opportunity to shut up.

If we were meant to talk more than listen, we would have two mouths and one ear.

In the beginning of a change, the patriot is a scarce man, and brave and hated and scorned. When his cause succeeds, the timid join him, for then it costs nothing to be a patriot.

Don't dream your life, but live your dream.

They did not know it was impossible so they did it.

Do not complain about growing old. It is a privilege denied to many.

Give every day the chance to become the most beautiful day of your life.

The Light

LONDON. Feb 19, 1966 — The Uncensored Truth - A Free Truthpaper — Spring edition

Gulf of Tonkin incident

by John Hamer

Shocking faked prelude to the Vietnam War

The Gulf of Tonkin is a body of water that lies off the coast of North Vietnam. This was the staging area of the U.S. Seventh Fleet, which included the American destroyers the Maddox, C. Turner Joy and the aircraft carrier USS Ticonderoga. It was also the site that would eventually lead to full scale U.S. involvement in Vietnam.

Throughout the engagement, Maddox and Turner Joy fired 249 5-inch shells, including 24 star shells, and 123 3-inch rounds. The two destroyers also dropped 4 or 5 depth charges, one of which failed to detonate, against boats following in their wakes. The entire engagement lasted about four hours.

'American Planes Hit North Vietnam after Second Attack on Our Destroyers; Move Taken to Halt New Aggression,' announced the Washington Post on August 5, 1964. That same day, the front page of the New York Times reported: 'President Johnson has ordered retaliatory action against gunboats and "certain supporting facilities in North Vietnam" after renewed attacks against American destroyers in the Gulf of Tonkin.'

But there was no second attack by North Vietnam and no 'renewed attacks against American destroyers', either. By reporting these fairy tales as absolute truths, American journalism opened the floodgates for the bloody Vietnam War. The official story was that, in what was to become known as 'The Gulf of Tonkin Incident', the alleged catalyst for the Vietnam War, North Vietnamese torpedo boats launched an 'unprovoked attack against a U.S. destroyer on routine patrol' on August 2, and that North Vietnamese PT boats followed up with a deliberate attack on U.S. ships two days later.

Heading for war on the back of another 'false flag' attack

But the truth was very different. Rather than being on a routine patrol, the U.S. destroyer Maddox was actually engaged in aggressive intelligence-gathering manoeuvres in sync with co-ordinated attacks on North Vietnam by the South Vietnamese navy and the Laotian air force.

'The day before, two attacks on North Vietnam...had taken place... Those assaults were part of a campaign of increasing military pressure on the North that the United States had been pursuing since early 1964.' Daniel C. Hallin, 'The Uncensored War'.

On the night of August 5, the Pentagon proclaimed that a second attack by North Vietnamese PT boats had occurred earlier that day in the Tonkin Gulf, a report cited by President Johnson as he appeared on nationwide TV that evening to announce a momentous escalation in the war; air strikes against North Vietnam. But in fact, Johnson ordered U.S. bombers to retaliate for a North Vietnamese attack that never happened.

One of the Navy pilots flying overhead that night was squadron commander James Stockdale, who said, "I had the best seat in the house to watch that event and our destroyers were just shooting at phantom targets – there were no PT boats there...There was nothing there but black water and American firepower."

And in early 1965, Lyndon Johnson commented: "For all I know, our Navy was shooting at whales out there."

But Johnson's deceitful speech of August 4, 1964, won accolades from editorial writers. The President, proclaimed the New York Times, '...went to the American people last night with the sombre facts.' And the Los Angeles Times urged Americans to '...face the fact that the Communists, by their attack on American vessels in international waters, have themselves escalated the hostilities.'

The exhaustive book, 'The War Within – America's Battle over Vietnam,' begins with a dramatic account of the Tonkin Gulf incident and in an interview, its author Tom Wells said that the American media "described the air strikes that Johnson launched in response as merely tit for tat when in reality, they reflected plans the administration had already drawn up for gradually increasing its overt military pressure against the North."

The day before the first incident, the North Vietnamese had protested the attacks on its territory by Laotian aircraft and South Vietnamese gunboats, and it was generally known that covert operations against North Vietnam, carried out by South Vietnamese forces with U.S. support and direction, had been ongoing for some time.

In the absence of independent journalism, the Gulf of Tonkin Resolution – the closest thing there ever was to a declaration of war against North Vietnam – was passed by the U.S. Congress 416 to 0 in the House and 88 to 2 by the Senate. The resolution authorised the president 'to take all necessary measures to repel any armed attack against the forces of the United States and to prevent further aggression'.

This was what led to the escalation of U.S. involvement in Vietnam and by July of 1965, there were 180,000 U.S. troops mobilised in South Vietnam and by that stage, 400 tons of bombs and ordnance were being dropped every day.

But what all mainstream historians fail to recognise, dare confront or report, is that all wars are fabricated. It is all a massive charade and there is no government anywhere, ever, that will tell us the real truth.

When the truth about the Gulf of Tonkin incident is finally declassified, the fact that the NSA faked intelligence data to make it appear as if two U.S. ships had been lost, will become apparent.

The falsification of the Gulf of Tonkin incident is significant because thousands of American youths were slaughtered, tortured and killed and several tens-of-thousands more were maimed and sprayed with Agent Orange in Vietnam.

To add insult to injury, Henry Kissinger coldly and ruthlessly stated that: "Military men are dumb, stupid animals to be used as pawns for foreign policy."

What all historians also fail to grasp when documenting and analysing all wars and conflicts in general, is that the goal of the war in Vietnam was never to win it, just to perpetuate it.

After deceiving the U.S. into escalating the Vietnam War, the globalists skilfully managed the war in order to prevent any chance of a premature conclusion. The Vietnam War, like the Korean War before it, was not meant to be won. These wars against communism are simply a means to weaken the U.S. and 'contain' communism without ever defeating it.

- **falsificationofhistory.co.uk**

Letters to The LIGHT

Love us or hate us, we are helping raise the level of debate in this country and across the world, so we welcome views from all perspectives, because the enemies of free thought and free speech are censorship and group-think. We are all individuals – let's have your thoughts! ***Please email: letters@thelightpaper.co.uk***

Dear The Light,

In answer to Susie P's request (Issue 52) for news of an unvaccinated blood bank, I haven't heard of one here in the UK, but your readers might be interested in the SafeBlood initiative at:
https://tinyurl.com/2sbjjby6

Susan Holden

Dear The Light,

Every mainstream media reference to Hamas includes the obligatory sentence: 'Hamas is a proscribed terrorist organisation in the UK'.

By the same token, every reference to Israel should contain the words: 'Israel operates in defiance of international law and has done so for many decades'.

Francesca Abbot

Dear The Light,

I greatly respect *The Light* paper and everything you all do to enlighten us.

I was impressed by Nikki Govier's contribution 'Blurring lines of gender in school'.

And then, I was blown away after a dear friend alerted us to the following 10-minute-long speech by Laura Aboli at the Better Way Conference held by the World Council for Health earlier this year:

'Transhumanism: The End Game Full speech from my participation at the Better Way Conference held by the World Council for health earlier this year.'

https://t.me/LauraAbolichannel

Kay

Dear The Light,

In '*Ten Ways in which the Government harms us every day*' (issue 53), the author asks: 'Did you know income tax was only introduced in the first world war?'

This is wrong: Pitt the Younger introduced income tax in Britain at the end of the 18th century. 19th century Prime Minister Gladstone wanted to abolish it, rightly believing that the state had no business knowing how much money people earned, but unfortunately for us did not succeed.

Eugenie Rhodes

Dear The Light,

On October 12, 2020, my diabetic mum was admitted to A&E with high blood sugar.

Of course, they also 'tested' her for covid and surprise, surprise, they found her to be positive.

On hearing this, me and my awake brother said to each other that we won't see her again.

The following day on the 13th, a note was made that my mum was 'not for resuscitation'.

Over a week later on the 22nd, a note was made stating 'patient alert and comfortable' at 9.50.

However, another note was made at 10.40, stating 'patient very frail'.

Early afternoon, an NG tube was inserted through her nostril. And later on that day I can see via the notes she was given midazolam.

On the 23rd, a note was made 'do not feed'.

Later that day, the gastro endoscopy staff asked to re-insert the tube up my mum's nose. Apparently, it had been inserted wrongly and was leading to the wrong position. The notes state that the staff refused 'as all slots are booked'. So for at least two days, my mum put up with a tube up her nose leading to the wrong position.

On the 26th, a note was made 'recommendation would be to change hospital policy'. This is referring to the less qualified staff member that inserted the tube up my mum's nose.

On the 27th, a note stated 'patient lying calmly in bed, comfortable'.

The following day at 10.15, a note was added 'KEEP PATIENT COMFORTABLE & GIVE END OF LIFE MEDICATION'.

At 13.10, it was noted 'midazolam & glyco given with good effect'.

Luckily for some divine reason, I rang the hospital to speak to my mum at about 13.50. My mum went through a long list of family names checking everyone was okay. And I continued rattling off the names of grandchildren and great-grandchildren, telling her all were well. On hearing that, the phone was taken from my mum and a nurse informed me that she'd gone. The notes state 'son called and certified dead at 2pm'.

I'm afraid I was very slow in contacting the hospital for my mum's medical notes under a freedom of information request. After hearing all the horror stories of midazolam that is used on death row in America, I wanted to know if my mum had been given it. And she was given it, 50 minutes before she died. Along with several other alarming notes, and the fact she had a tube shoved up her nose leading to the wrong position for a couple of days.

Jon Lund

Dear The Light,

In response to D Blades' letter (*The Light* 53) concerning the unknown jab given without consent.

It will not be the covid jab, as this gentleman would have shown flu-like symptoms, and I take it that the jab is either twice or three times the dosage of the flu jab, hence flu-like symptoms in those that have had this jab.

I caught a friend of mine, just in time, they having had the jab. I put her on a course of flu medicine, maximum Lemsip, which gradually took away the horrendous state they were in, and they did not suffer any more problems from the jab, as others have.

In regard to hospitals, in general: there is a deliberate and wilful neglect of the elderly, and still hospitals are paid to murder elderly patients where possible. I have had to walk out of hospitals because of the lack of treatment, and thankfully sorted matters at home.

Alan Mountford

Dear The Light,

Regarding the bright LEDs of car headlights.

I have observed that the yellow-tinted night driving glasses commonly sold at petrol stations are, in my own experience, the wrong colour, and concerned drivers should actually look to be wearing red-tinted glasses which have considerably helped my night-time driving experiences.

Richard Pace

Dear The Light,

I have been a subscriber for a number of years, and although I have not contributed in that time, I now feel compelled to speak.

The proposed Climate and Nature Bill can never be law. Two solid reasons for this statement are: Acts, Bills and Statutes can not be law without the consent of the people, and only then can they have the force of law. I refuse consent.

Second, the government (those who seek to rule) since the February 1, 1973, whereupon PM Ted Heath deposed HRH Queen Elizabeth II, retitling her in order to surrender sovereignty and join the Common Market. This was an act of high treason and ever since, all legislation written by subsequent regimes has been treasonous.

The reams and reams of legislation vomited out by traitorous governments, is just that, vomit; worthless paperwork.

Be the resistance. Do not consent, do not comply.

Thanks for being there.

Russell Thered

Dear The Light,

I have only just started reading this great resource! I am catching up with past editions.

In February's issue, you rightly lament the closing down of various big names in the high street all over the UK. The other item highlighted is the lack of loos.

I have some good news from where I live – Heathfield, East Sussex – where the market town is a member of the Community Toilet Scheme of Wealden District Council.

This means that some cafes or other businesses open their loos to the public, and the business gets a quarterly payment from the county council. It means that the public are not obliged to buy anything from the shop participating in the scheme.

Businesses have a sign in their front window advertising that they belong to the Community Toilet Scheme. If this was replicated in other areas, it would boost trade, by encouraging shoppers to visit the town centres again.

Dominie Mary Stemp

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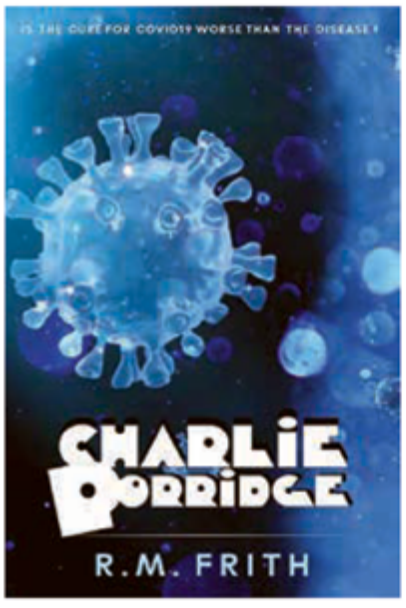
Is the cure for Covid 19 worse than the disease?



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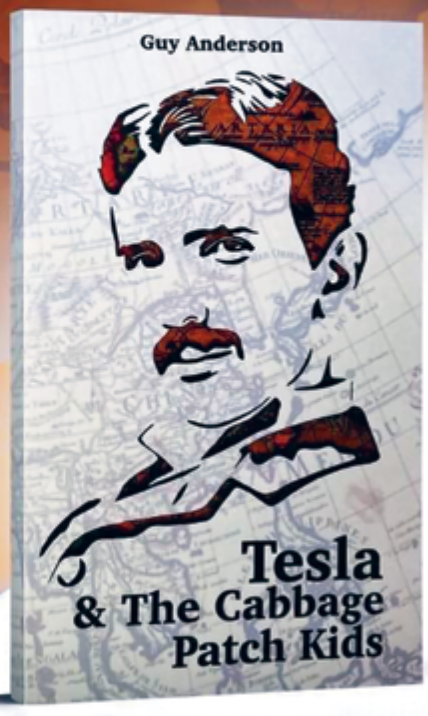

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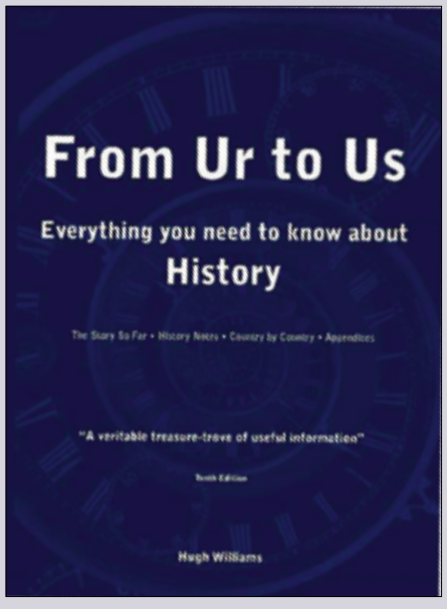

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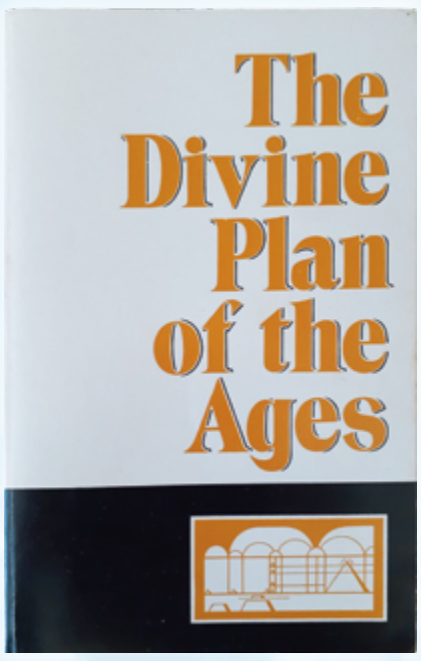

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Simple living space, "smart" free with garden , s/c, unfurnished, near public transport.

Quiet "greenish" area, south England preferred - Hants, Wilts, Dorset.

Affordable rent

Please contact Dee on

deeanneli@yahoo.com

“ *My heart went from 45% function to 100% healed!*
I think Augmented NAC saved my life!

— Meegan, nurse

Thanks to Augmented NAC, people around the world are reclaiming their health after years of suffering from COVID and adverse reactions to the mRNA COVID “vaccines”, primarily caused by the toxic spike protein.

“ *The spike protein is probably one of the most toxic compounds to which humans can be exposed.*
- Dr. Paul Marik

“ *The spike protein is found everywhere from the blood vessels, to periappendicitis, bronchus, and it gets into the brain.*
- Dr. Ryan Cole

Augmented NAC is a groundbreaking food supplement, a highly enhanced form of N-Acetylcysteine, developed for effective spike protein detox, a central component in the recovery from Long Vax (Covid vaccine injuries), shedding, and Covid-related health issues.

Thousands of health professionals in the ZeroSpike.org health network have successfully incorporated Augmented NAC into their detox protocols, and as of today, over a 100,000 families around the world have regained their health and well-being.

“ *Some testimonials are truly earth-shattering!*
- Dr. Pierre Kory

“ *I recommend it to all my patients.*
- Dr. Tina Peers

“ *Within 48 hours all my symptoms were gone.*
- Dr. Liesbeth Denef

AugmentedNac.com

Nutrition WINNER BEST NEW PRODUCT 2024

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Detoxifying Humanity

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